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A ghastly guide for ghouls, goblins and poltergeists

Facial fantasies

By STEVE KANIGHER

Halloween is the only night when society allows its citizens to make something of their faces.

What other night offers the public the opportunity to raid private residences after dark with faces that would make Lon Chaney jealous?

Tonight is the night when parents shouldn't have to worry if their kids run outdoors with milk mustaches or mascara smudges.

A spot check of stores in the area indicates a lot of funny-looking little people will be flooding the sidewalks of Albany, El Cerrito, Kensington and Thousand Oaks.

Pay Less Drug Store, at 1050 San Pablo Ave. in El Cerrito, has already sold its entire stock of Zorro-like eye masks, as well as fantasy heroines like Cinderella and Snow White.

"Star Wars was such a popular movie that its characters were the first we ran out of," said assistant manager Alma Montoya.

Montoya said the best selections still available include devils and "ugly looking burn-up men with long dangling hair."

Long's Drug Store in the El Cerrito Plaza specializes

in rubber masks that fit over the entire head. The masks depict ghouls, vampires and "wart-faced women," according to manager Drew Johnson.

Long's also sells inflatable masks that fit on top of the head. Johnson said instructions direct the user to black out his or her face so that the mask above looks like an "immense thing sitting."

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Ghostly goings-on

So what else can you do on Halloween besides (depending on your age or proclivities) go trick or treating or give out candy? Herewith a guide to some local activities:

• Parade

The Thousand Oaks Neighborhood and the Thousand Oaks Merchants Associations are inviting all ghosts and ghouls to Thousand Oaks School to show themselves on Oct. 31, from 1 to 2 p.m. for a parade on Solano Avenue.

• Rock Festival

Music Creations is presenting a free Halloween rock festival with entertainment by four Bay Area rock bands. Sunday, Nov. 4, 12-6 p.m., at Provo Park, across from City Hall in Berkeley.

• Haunted House

The children of the community are invited to St. Alban's on Halloween.

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READY FOR THE GREAT PUMPKIN — Mark Lovell, 5, of El Cerrito, has grown his own this year, part of a project at Skytown Nursery School.

San Pablo Avenue may get a facelift

By STEVE KANIGHER

ALBANY — An Albany Chamber of Commerce plan to beautify San Pablo Avenue may be voted upon by the city council next month.

The plan, in the works since last year, involves the planting of trees and shrubs along the sidewalks of the avenue. If passed, the beautification project will probably begin next September, according to Bob Guletz, public works director.

The proposal was drawn up by John Pleich, a horticulturist and landscape designer who owned Flowerland on Solano Avenue from 1947 to 1976, and William Garren, an architect who owns the building leased by the Albany Cinema. Pleich and Garren were also instrumental in the beautification of Solano Avenue.

"We walked the avenue several times and listened to the input of business people as to what their objections would be to the plan," Pleich said. "They asked only that the trees would not block the storefronts."

Adopted by the chamber last March, the plan calls for the planting of laurel fig trees, evergreens that with proper maintenance can be kept about six feet high. The trees would be spaced 50 to 75 feet apart and require trimming only once a year.

Brick planter boxes, standing about six inches to one foot off the sidewalk and set back about two feet from the curb, would also be constructed.

Varying in length from about 8 to 25 feet, the planters would contain African daisies as white ground cover, California wild lilacs which are blue and will grow about 18 inches high, Indian hawthorne which is rose red and will grow about two feet high, and a slightly taller white shrub.

The planters will be arranged in such a way so that when people drive along the avenue, they will first spot the white ground cover, then in ascending order, the blue, red and white-colored shrubs.

"We want to achieve something that will require minimum maintenance," Pleich said.

inance but have maximum color," Pleich said. "It will give the city its own identity and will be pleasing to the eye at all times."

Pleich said it would take one to two years before the trees and shrubs are fully established.

The city council already voted last February to convert the avenue from three to two lanes in each direction, with a painted center lane shared by all traffic for left turns only.

In addition, left-turn signals on San Pablo Avenue in both directions will be placed at the Solano and Marin Avenue intersections. The avenue revisions are expected to begin next September and take from four to six months to complete.

This conversion will conform to a plan by Caltrans to speed up the traffic along the entire San Pablo Avenue route.

The cost of installing the left-turn signals will be fully covered by federal funds. The federal government will also pay up to 86 percent of the bill for reorganization of the street lanes and for the beautification plan, if it passes. The remaining 14 percent plus would have to come from the city's purse.

The city has already received \$319,000 in Federal Aid Urban money for this plan. Guletz said the city will have to spend all the federal money plus its own share of at least 14 percent to complete the project. Guletz said he had no further details about the cost of the plan.

Bank robbery

EL CERRITO — An undisclosed amount of money was handed over to a white male in a pickup last Thursday at 2:06 p.m. at Central Bank, 1755 Eastshore, El Cerrito.

Police said the suspect approached three tellers after producing a revolver, left the bank at the sound of an alarm, and was last seen running on foot north across Gill Street.

Albany school board debates funding of high school study trip to Washington

By ROBERTA ALEXANDER

ALBANY — The Albany School Board provided a lesson in government at its Oct. 23 meeting when it engaged in spirited debate over how much support to provide to a student group that wants to study government first-hand.

CloseUp is a national forum for the involvement of youth in government. For the past three years, students from Albany High School have attended week-long CloseUp sessions in Washington, D.C., and each year the board has provided some help with the funding.

This year, according to social studies teacher Robert Allegro, who pleaded CloseUp's cause, costs have risen to \$650 per student, of which \$350 is tuition (including room and board), and the rest transportation.

The CloseUp Foundation provides a scholarship for one teacher and one low-income student. Allegro

reminded the board. At Albany High the second scholarship has traditionally been divided among two or three students.

Accompanied by more than a dozen students, including one former CloseUp participant, Allegro pointed out the benefits of the program: seminars on the judiciary, legislature, executive branch; discussions with Congress members, lobbyists and journalists.

Linda Smith, who attended last year's session, told the board that she learned more about government in one week in Washington than she had all semester in class.

"It's a very well-run program," Allegro said.

Last year, he said, Bay Area students (including five from AHS) met CloseUp participants from Atlanta, Houston and New Orleans. One of the benefits of the trip was the chance to "check out our perceptions of southerners, and

themselves of Californians."

No one on the board argued about the value of the program. Indeed, board vice-president Peggy Thomsen commented that as a former social studies teacher she was well aware of the program's advantages.

The problem was money.

Superintendent Charles McCully told the board that when funding was first provided three years ago, it was intended as seed money.

"We expected it to stand on its own," he said. "I hoped students would raise their own money."

He went on to say that he would recommend giving the equivalent of one scholarship this year, but for the last time. He wanted the students to be told that they must plan ahead and start raising money if they intended to go on the trip.

Was it clear in the past, member Jean Tenret inquired, that the support was intended to be short-term?

Yes, McCully responded.

But McCully's desire to have the

board go on record that it would provide no future support bothered member Bonnie Cedi. She didn't like to commit the board to "never" doing it again.

"And why can't we reward schools?" she asked.

McCully tried to compromise.

"Let's say that it is not the board's intent to keep supporting it," he said.

Thomsen then expressed concern

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Votermobile

The Albany Senior Van will be available to transport seniors and handicapped persons (preference will be given to the handicapped) to the polls on Nov. 6. This service will be available as schedule permits. For information, call the Senior Center at 644-8500.

Chamber drive



through Nov. 10, by calling local businesses nominated for membership. Membership benefits include public relations advice, free research services, a periodic business bulleting and access to miscellaneous information about the city. For further details, call 525-1771 or visit the Chamber at 1108 Solano Ave.

Albany Chamber of Commerce president Edward Elliot, right, sits with his old friend, Barry Runnion, new member of the local chamber. Barry and Fred Runnion recently opened up new law offices at 863 San Pablo Ave. after 7 years of practice in Oakland. Chamber board members are presently conducting their annual membership drive, which runs

Councils make salary, development decisions

El Cerrito, police reach accord

By ROBERT MANOR

EL CERRITO — Police and the city council have agreed to a one-step salary increase that will be the top wage for patrol officers to more than \$21,000 by next July.

The pay hike includes a four percent retroactive to last July, an additional four percent increase in January and a final five percent increase in July 1980. The memorandum of agreement spans

one year. City patrol officers now receive a top salary of \$18,876 a year. This will go to \$21,436 during the final six months of the agreement.

El Cerrito Police Officers Association ratified the agreement last week. Association spokesman Mike Safine declined to say how many of the association's 44 police department members voted for approval.

Monday the city council endorsed the measure by a three to one vote. Council members James Allen, Marjorie Collins and Mayor Gary MacLaren voted yes with no comment. Councilman Ernest Del-Simone was absent.

Councilman Richard Spellman voted against the salary package, saying it was substantially more than that granted other city work-

ers that it may force additional layoffs.

The agreement could trigger a new round of negotiations with the city's firefighters, who had accepted a salary and benefit raise similar to that granted other city employees totalling slightly less than seven percent.

But, City Manager Richard Brown said, the firefighters had included a provision in their agreement which would allow them to reopen negotiations if police were to win higher raises. Brown said last week that the new police salary agreement "protected" the

(Turn to Page 4, Col. 1)

Albany OKs condominiums

ALBANY — The Albany City Council has voted 4-1 to approve a 47-unit condominium development on Albany hill after noting that the

plan is an improvement over a similar application that was turned down in July.

The new plan eliminates two units from the original 49-unit application, calls for the preservation of oak trees and sets a 40-foot height limitation for all buildings, located between Taft and Jackson Streets.

Councilwoman Joyce Jackson dissented, saying a public hearing should be held before a decision is made. Developer Theron Hedgpeth's proposal had been ap-

proved by the city's planning and zoning commission and then appealed to the city council by a number of citizens.

Public Works Director Bob Guletz noted that Hedgpeth revised the plans, creating a more varied design. And the developer retained a new traffic engineering firm which reported that, although traffic would increase in the hill area as a result of the development, there would be "no significant adverse traffic impact."

In other business, the council:

• Decided to inform the U.S. Corps of Engineers that the city cannot proceed with further planning or

financing of a breakwater portion of the waterfront development until the settlement of a lawsuit filed by the Albany Landfill Corp. in 1975 when the City Council closed the city dump. A preliminary hearing on the suit may be scheduled in the near future.

• Referred to the Planning and Zoning Commission proposed regulations that must be adopted by the city as a condition for obtaining federal flood insurance.

• Set a Nov. 13 public hearing to consider releasing the city's first priority right to buy a small area owned by Bay Area Rapid Transit

(Turn to Page 4, Col. 1)

More Halloween . . .

Fantasies

(Continued from page 1)
ting on the kid's shoulders."

He said customers are still talking about the ghoul with a 10-inch nose that looks like a phallic symbol.

"Moses-looking guys" and "bald-headed people with funny noses" are two of the masks clerk Jim DeJong will sell customers at Discounts Unlimited at 841 San Pablo Ave. in Albany.

For those who want to protect their heads from falling pumpkins and misguided broomsticks, Discounts Unlimited sells a wide variety of hats.

"We have hobo hats, wicker hats, pirate hats, George Washington-type hats and even hats with hair in the back," DeJong said.

Kids who read comic books will enjoy the Spiderman, Superman and Hulk selections at Woolworth in the El Cerrito Plaza.

"There's also an assortment of monsters with lots of ugly scars and cuts," said store manager Jim Wells.

Toy-Go-Rounds, at 1160 San Pablo Ave. in Albany, sells used masks whenever they can get their hands on them.

Some of the unique costumes that have been sold there, according to co-owner Andora Freeman, include a white bird with a beak, feathers, webbed feet and mint-green doctor's uniform, and a space outfit featuring a mask adorned with tubes and antennae.

If none of these masks sound appealing don't just make a face, make a face.



Current top-selling Halloween masks in the area include Jimmy Carter,



Richard Nixon, Elvis Presley and Miss Piggy from the Muppets.



Hints for a safe holiday

Tonight's the night when all sorts of creatures, including visitors from distant planets, spacecraft pilots, and the more conventional riders of broomsticks, will be in evidence shortly before and after sunset.

Motorists should be prepared to see skeletons, goblins, and assorted apparitions wandering through the dusk and dark. All will be of short stature and should be expected to display a ghostly disdain for motor vehicles.

As a precaution against encounters with moving vehicles, California State Automobile Association (AAA) safety officials urge parents to be sure that young adventurers are attired so that they are easily

seen.

- CSAA asks parents to stress seven rules of safety before permitting their children out on Halloween:
- Dress: Use highly visible costumes, avoid dark colors unless well decorated with reflectorized materials. Avoid baggy outfit that might cause a child to trip or fall; don't use masks that obstruct vision, or pointed props that could cause injury.
- Cross streets only at corners — never in mid-block.
- Always watch for turning cars before entering the street.
- Look in all directions to be sure the road is clear before crossing.
- Observe all traffic signals, and cross only on green or "walk" lights.
- Never go into the street from between parked cars.
- Carry a flashlight, and use it to see and be seen.
- Some additional safety tips are offered by the Insurance Information Institute:
- Never allow young children to trick or treat alone.
- Use make-up instead of masks or headgear that obstruct the child's vision.
- Use reflective tape on dark-colored clothing and on trick-or-treat bags.
- Make sure all costumes are made of non-flammable material.
- Do not use lighted jack-o'-lanterns, candles or flammable materials such as paper decorations.

Goings-on

(Continued from page 1)

ween for "A Trip Through the Graveyard." On each of the last three years, St. Albans has offered a Haunted House for Halloween entertainment, and this will be a new theme and new thrills.

The Haunted House is open from 6:30 to 8:30 p.m., and there are games and refreshments for younger children as well, provided by St. Clare's Guild, just in case they are too young to go through "The Graveyard."

St. Albans is located at 1501 Washington Ave. in Albany (at Curtis). The Men's Club will provide security guards.

Scary films

On Halloween at 3:30 p.m., the El Cerrito Branch Library, 6510 Stockton Ave., will get you into the trick or treating mood by showing "Magic Sneakers," "Hansel and Gretel," "The Beast of Monsieur Racine," "A Story, A Story," and by popular request, "Mrs. Amsworth," the story of a woman vampire. Total running time of these movies is approximately one hour and 20 minutes.

Wear your zaniest costumes. All ages are welcome.

Radio scares

An afternoon of scary stories for Halloween will be presented from 1 to 4 p.m. on KPFA radio (94.1 FM). This program will include "How to Become a Witch" told by Starr Parkhurst, and "Barney McCabe," told by Elizabeth Overmyer and Richard Russo, staff members at the Albany Library.

These stories were taped in advance at KPFA's studio, before a live audience which included most of the Albany staff, who can be heard participating enthusiastically during the "Barney McCabe" sequence.

Puppet show

At 4 p.m., the Albany Library presents the Ninnyhammer Puppeteers in "A Special Trick." This puppet show tells of Elroy's troubles when he is left in charge of a magician's props. Seasonal stories and other treats will also be included in the 45 minute program, particularly planned for school-age children. For further information, please call Elizabeth Overmyer, Children's Librarian, 526-3720.



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OFF THE WALL

Halloween Gothic

By ROBERTA ALEXANDER

I should have realized that this Halloween was going to be a bit unusual when I met my friend Emily Round Eyes the other day.

Emily and I have known each other since college. Of course, her name wasn't Round Eyes then. She chose that after her divorce, to express "my sense of wonder and rebirth."

Anyway, I met Emily in front of Lifestyle Markette, and she swept me along with her.

"Why are you wearing a long black cape, Emily?" I asked.

"To help me get into the flow of Halloween," she said. "My therapist says I need to relate to the dynamics of the holiday experience without blocking the intrinsic tension."

She cut off my puzzled question by pulling up short in front of the bulletin board and speed-reading down the column of Halloween events.

"Hmm," she murmured. "An erotic pumpkin festival . . . no too organic."

"Ah, a new play, three acts on the gestalt of dialogue between a jack o'lantern and a plain pumpkin . . . no, too intellectual."

Suddenly her eyes lit up. "Oh, this is it," she cried.

I looked at the poster. The Institute to Legalize Primitive Rage was sponsoring a Halloween dance; "come," it said, "as your favorite street person."

Emily bubbled on with costume plans until we reached the produce section, where she put a large,

square, orange pumpkin in her cart.

She said, "It was the latest thing."

"They stack better, they stay on shelves more easily, they're easier for children to decorate."

"Uh-huh," I said weakly.

I followed her out of the Markette while she told that she was worried about her daughter, Tiffi, who, at 10, apparently couldn't decide what kind of Halloween costume she wanted.

"We've had a lot of heavy political discussions," Emily said with a shake of her head.

I was afraid to ask her the correct political position on Halloween costumes.

Tiffi was in the parking lot, sitting on the hood of car.

"Mom, mom," she shrieked. "I've got it! I know what I want to be."

"That's wonderful, darling," Emily cooed.

"I want to go as Farrah Fawcett," she said triumphantly.

"Oh Tiffi," Emily said. "I don't really think . . ."

"No Mom!" she interrupted. "You've taught me real and natural. I don't want to stuff socks in my costume."

"Well," Emily said, "if you really believe this is sent to you of oneness . . ."

I hurried home and started looking for my gallon of pumpkin mash.

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El Cerrito community pool lets the sun do the work

By ROBERTA ALEXANDER

L CERRITO — In its 14 years of existence, the El Cerrito Community Center has been at the recreational heart of the community. Now, its new solar paneling, the center also comes a leader in energy management.

According to Cliff Marchetti, Recreation Services supervisor, the paneling is expected to save \$6-\$8,000 a year in heating costs.

The payback time will be 10 to 15 years," Marchetti said. "Swimming is one of the best exercise savings."

The paneling cost \$145,000, most of which, Marchetti said, came from state grants.

The center's pool is its

circulated through the panels. An additional heat-saver is the pool cover, which is put on each night. There is also a new pool heater, which kicks on when the water temperature dips below a certain level.

Marchetti already sees benefits from the new system.

"During the hot spell (in September), we didn't use any additional gas at all," he said.

While that isn't possible with mid-winter heating bills of over \$3,000, Marchetti still expects significant savings.

The paneling cost \$145,000, most of which, Marchetti said, came from state grants.

The center's pool is its

most popular feature. It is open daily from 7:15 a.m. to 9 p.m., and is self-supporting.

"More than 500 people used the pool during the summer," Marchetti said.

They are participating in adult lap swimming, in swimming lessons for all ages, in practicing for AAU meets, in water aerobics.

"This swim and trim program is popular now," Marchetti said. "It's part of the physical fitness push and people know that swimming is one of the best exercises."

The center's fee classes are also self-supporting, according to Shari van Zandt, assistant recreation services supervisor. By

contrast, the recreational programs at the city's eight playgrounds are supported by municipal funds.

"We're unique in being self-supporting," Marchetti claimed.

Classes run from arts and crafts to Chinese cooking to disco and social dancing.

"We're as closely recreational as possible," Marchetti said.

What this means, Ms. van Zandt explained, is that people in the area may offer classes through the center, as long as they are private individuals and not part of a profit-making organization.

That's why they wouldn't accept a "jazzercise" class, Ms. van Zandt said. And Marchetti recalled turning down a meditation class because the instructor required students to buy an expensive book and tapes.

There is, however, no shortage of classes. The center has been sponsoring senior citizen dances every week since the building opened.

Besides tumbling, tap dance, tennis and baby care, there is also a class for exceptional children, one of the few of its kind in the Bay Area. Designed to improve the motor skills of children with learning or other disabilities, it includes exercises, games and swimming.

"People come from El Sobrante, from Hercules, from Oakland," Ms. van Zandt said.

This class is not quite self-supporting, the center's only exception.

Classes run for six-week sessions. Fees are low, with non-residents being charged slightly more than residents.

For more information, call 525-6747.



Solar paneling at the El Cerrito Swim Center will save on heating bills.

—Times Journal photo

SENIOR CENTER

By JEAN KRAMER

Another legislative measure of benefit to elderly people which few are aware of is Assembly Bill 146, recently signed into law by Governor Brown. This bill, which becomes effective on Jan. 1, 1980, deals with civil rights actions filed by seniors.

Things stand now, as a result of very crowded court calendars, seniors often have to wait many months sometimes years, before their cases are heard. This is a demoralizing effect, being worry and anxiety which cannot help but be detrimental to their health and well-being.

Equally important is the fact that a long delay could result in adverse decisions. These conditions often come with time, and vital evidence essential to the case may be obscured or forgotten. The new law

eliminates these obstacles, by allowing anyone 70 years of age or older to receive preferential treatment in the courts by setting the earliest possible date for the case to be heard.

The only requirements are a motion to the judge, or presentation of a medical document satisfactory to the court. Assemblyman Carmen Perino, who authored this bill, is very pleased at its adoption and hopes everyone will join him in letting people know about it. We, too, are pleased and will do our best to inform the seniors of this development.

Wednesday, Oct. 31 — This is Halloween so watch out for the witches and goblins, but our center will be open as usual. "A Look at the Modern World" class, 10 a.m., by Leo Vuosalo, 4 p.m. menu — baked chicken.

Thursday, Nov. 1 — Bingo with Cy and Mollie at 10:30 a.m. Mini-Mart at noon.

Don't forget this is the day for the business meeting at 12:30. Please stay as we have some very important matters to take up. Afternoon, cards and conversation. 4 p.m. menu — to be announced at site.

Friday, Nov. 2 — Jack Quinn is on hand at 10 a.m. to instruct bridge or chess. Afternoon bridge starts at 12:30. 4 p.m. menu — to be announced at site.

Saturday, Nov. 3 — Silver Toppers Fun Day, bingo with Emily Cristofani and Elizabeth Wing — good prizes, stories, singing, etc. It all begins at 10:30 a.m. Cards and conversation all afternoon, in our lounge. Folk dance class with instructor Gertrude Kuhner at 2 p.m. Evening ballroom dancing at 8 p.m. at Marin School, Marin and Santa Fe Streets. Myriam Heath, hostess.

Sunday, Nov. 4 — Center opens from noon to 4 p.m.

Monday, Nov. 5 — 9 a.m. creative writing with Marcy Alancraig. Ogelby 12 noon. 4 p.m. menu — beef-macaroni casserole.

Tuesday, Nov. 6 — Artneedlework group at 10 a.m. Origami, Japanese paper-folding class also at 10 a.m. Sing-a-long with Cy and Cliff Brissell at 1:30 p.m. This is the day for free shots at our center from 10 a.m. to 2 p.m. to 4 p.m. menu — baked chicken.

Attention seniors! Everyone is welcome to attend the retirement party for Ruby Dillard on Sunday, Nov. 11 at 2 p.m. Come and help us pay our respects to this gallant senior who has worked for our members for so long, and so well.

The Albany Historical Society will sponsor a potluck supper at our center on Sunday, Nov. 18, 2 p.m. Everyone invited. Please bring food, otherwise no charge. Come and learn about Albany history.

The next Reno trip is on Nov. 25 and 26. Call 644-8500 for reservations.

The Albany Senior Center is located at 846 Masonic Ave.; 644-8500.

Women's group

EL CERRITO — A Black Women's Support Group will hold its opening meeting Monday, Nov. 5 at 7 p.m.

The group, which focuses on nutrition and breastfeeding, also stresses prenatal care and a clothing exchange.

Those interested in attending the session should phone 526-0110 (days) or 223-3397 (evenings).

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—Times Journal photo

Dress-a-doll contest at bank

THOUSAND OAKS — Dave Nichols, Fidelity Savings and Loan Association's North Berkeley branch manager, invites local residents to participate in the bank's Dress-A-Doll/Design-A-Toy program to benefit local needy children at Christmas.

The program works like this: members of the community can, from Nov. 1 to 23, pick up wooden trucks and dolls at the branch at 1861 Solano Ave. Participants design and sew a dress for the dolls and paint and decorate the trucks and return them to Fidelity by Wednesday, Nov. 28, for judging on Friday, Nov. 30.

Judges will be given six-week sessions. Fees are low, with non-residents being charged slightly more than residents. For more information, call 525-6747.

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JOHNNIE WALKER RED SCOTCH 8⁹⁷
Regular \$12.99 Quart

COCA-COLA TAB • SPRITE Reg. \$1.39
2 Liter 95^c 169 6 Pack Reg. \$1.99

KORBEL BRANDY 5⁸⁸
Regular \$7.59 Quart

JAY VEE 90° PROOF VODKA 7⁵⁹
Regular \$9.59 1.75 Liter

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REG.	SALE
JAY VEE BOURBON 6 Yr. Old 80°	1.75 Liter 10.99 9.59
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FLEISCHMANN'S VODKA	1.75 Liter 9.99 6.99
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KAHLUA LIQUEUR	23 Oz. 9.95 7.78

SEBASTIANI

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• Burgundy
• Rose
Reg. 3.79

Reg. 3.79

750 ML

249 1.5 Liter

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WINES & LIQUORS

EL SOBRANTE 3574 Dam Road Fry's Shopping Center

REINERI ASTI SPUMANTE 349 750 ML

BLUE ANGEL LIEBFRAUMILCH 149 750 ML

EL SORANTE 3574 Dam Road Fry's Shopping Center

SAN PABLO 13108 San Pablo Ralph's Shopping Center

Hometown history



Back in 1912 . . .

Farms in El Cerrito? This photo from the Louis L. Stein, Jr. collection was taken from Albany Hill. San Pablo Avenue is the long horizontal street in the

foreground. Fairmount Avenue is at left and Solano Avenue is behind the trees at right.

A third party surfaces in the East Bay

By JAMES DAY

Local chapters of a nationwide third political party are being formed to combat "the destructive force of corporate power on everyday life" in Alameda and Contra Costa counties.

The Citizens Party, which launched its attack on the political and economic status quo in August, is now trying to persuade citizens that if they controlled the corporations and perhaps public utilities, everything from nuclear meltdowns to unemployment could be curtailed, if not eliminated.

Just how the party will surround and defeat its foes — the Democratic and Republican parties and corporate power — remains undecided, though exact strategy is expected to be worked

out at a nationwide convention sometime in the spring.

Some organizers in the Citizens Party are looking to run presidential and vice presidential candidates in 1980, while others say it would be most effective to organize local labor groups and other political organizations into local chapters and aim at state and local elections. Berkeley Citizens Action council member Florence McDonald was one of the first to support a local chapter.

In any case, the party's organizers are optimistic that they can at least make "corporate power and its abuses" the kind of everyday issue that ecologists made over the threats to the environment. Armed with a manifesto reminiscent of the Students of a Democratic Society Port Huron statement in the early 1960s, party organizers have started the long haul of introducing a third party to the American people, a task rarely successful in U.S. politics.

Adam Hochschild, a member of the editorial board of Mother Jones magazine and of the party's nationwide organizing committee, recently acknowledged the problems with a third party when he said, as alternative party organizers often do, "I prefer 'new party' to 'third party.' Third party implies that we will always be playing second fiddle. The effort's only worth it if we can move into the center of the arena and

start winning elections.

The Republican party emerged as a third party in the 1850s because they had a new way of approaching the central problems of the times — slavery — and we think we can show that abuses of corporate power are at the heart of many of today's problems, including the threats of nuclear power and the need for alternative power sources."

The new party does not yet have a formal platform, but its guiding principles include public control of energy industries, opposition to nuclear power, support for solar energy and conservation, control of inflation, reduced military spending and a guaranteed job for everyone who wants to work. Just what issues local chapters are expected to tackle has not yet been decided.

"People have become disinterested in politics," said UC Berkeley sociologist David Matza, a member of the Citizens Party's national organizing committee. "There's a lack of interest in either political party."

Matza said the Citizens Party hopes to attract alienated Democratic and Republican voters to "create a new kind of politics" that is neither liberal nor conservative. The party's central theme would be an ideal of "citizenship," he said.

"I'm not sure we mean to be a left party. There's a very general feeling among political people that there's a sort of community constituency that is not left or right in traditional political terms," he said.

"Ecology, health care, and elderly issues also split the political spectrum in a somewhat different way than previous issues did."

Asked where he thought the party fits in the spectrum of political labels, Hochschild said, "Party of the left" is correct. I suppose, or 'progressive.' I personally am happy with 'socialist,' though a lot of members aren't."

CONDOS

(Continued from Page 1)

District adjacent to the BART linear park and fronting on Brighton Avenue.

• Voted unanimously to reject Rudolf Bermann's request to lay concrete in the parking strip fronting his home at 963 Ventura Ave.

• Decided to make all the city's parking spaces reserved for handicapped persons effective 24 hours a day. Previously, the spaces have been reserved during daytime hours only.

POLICE PAY CONTRACT

(Continued from Page 1)

city from having to deal with firefighters a second time. This issue was not discussed at Monday's council meeting.

Despite the pay raise, El Cerrito police will still earn less than their counterparts in Oakland and Richmond. Officers in Richmond will earn \$22,704 by January 1980 while experienced patrolmen in Oakland will then be earning

\$23,208.

In another matter, Mayor MacLaren told the I-G that Eastbay Sanitary has asked for an increase in the fees it charges for removal of residential rubbish.

The scavenger company has not disclosed how much of an increase it wants, MacLaren said. An audit of the firm's income and expenditures is now underway and likely to be released in mid-November.

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(Continued from Page 1)

over how other unfunded, but worthwhile, projects would react to the continued support given CloseUp. She also wondered how the high school would allocate the funds.

McCullum responded that the criteria would be established by the school, which prompted Thomsen to ask if it would be done strictly on the basis of financial need.

"No," said McCullum with some asperity. "I think we should leave it to the good judgment of the staff. They are more in touch with the students."

Thomsen then made a motion to increase the social studies budget for this year in the amount of one scholarship.

And go on record as not doing it again, McCullum asked?

"I made my motion," Thomsen answered. The motion passed.

Board member Bruce Arnold then poured oil on the troubled waters, suggesting that the board go on record as intending the program to become self-supporting.

McCullum immediately plunged in with more arguments in favor of ending the funding:

"I know kids can make and spend that much. They do on automobiles anyway."

The motion passed, with Cediel dissenting.

In other business, the board approved the Alameda County Schools Insurance Group Safety Program, a package of regulations designed to bring the district into compliance with state safety standards.

Since the district is self-insured, McCullum explained that the board would adopt these safety regulations in order to keep claims and costs down.

The program is based on the following principles:

"1. All accidents have causes which are subject to control.

"2. Prevention of accidents is the responsibility of all employees.

"3. It is practical to eliminate or minimize hazards.

"4. Support by the governing board and district administration is vital to carrying out an effective safety program.

"5. Accident prevention is essential as accidents affect the welfare of students and employees, as well

ALBANY SCHOOL BOARD DEBATES

as the efficiency and economy of district operations.

"6. Good safety practice is always an integral part of effective work."

Business Manager John Fike was designated the district safety coordinator, and a series of site and district committees was established.

The report then spells out the safety standards for the following areas: fire protection; respiratory protection; eye, face and body protection; general environmental controls; walking-working surfaces; exists; flammable liquids; machinery and machine guarding; storage of materials; food services; and electrical equipment.

The other item of unfinished business on the agenda was the adoption of a policy on a district advisory council for compensatory education.

However, McCullum told the board, "We got seven pages of (proposed) changes today and we don't want to take all night."

He advised board members to discuss their suggestions with Assistant Superintendent Richard Rosenquist, adding that most of the suggestions involve clarifications of language and will be incorporated into the final document.

McCullum also reported to the board that Assemblyman Tom Bates would like to meet with the board, to discuss legislation and to hear board concerns. A workshop was scheduled for Nov. 13, from 6 to 8 p.m., immediately preceding the next board meeting. The workshop is open to the public.



John Fike

Another unusual board meeting is slated for late November, a joint meeting with the Peralta Community College board of trustees.

McCullum said that the agenda of the joint meeting called for Peralta to spend about 15 to 20 minutes describing available programs, followed by a joint discussion of adult education. Then the two groups will consider the kinds of programs that might be done together so that students could simultaneously get credit at Albany High and at Peralta.

The rest of the meeting would be devoted to small group discussion of these issues, and McCullum invited students to attend the meeting.

"Will this be vocational as well as academic programs?" Tenet asked.

"Yes," McCullum said. "He was asked if Peralta has done this with other districts.

Not yet, McCullum replied. "This is the first. Peralta hopes it will be a model. We have to realize that a small high school cannot provide the same scope as a giant or large school can."

Two students from AHS asked board members for help with the yearbook, which will cost \$7,000 this year. The board cannot legally use district funds for this purpose, but several board members expressed interest in taking out ads on their own.

The board also approved district participation in the Regional Occupational Program run by the Contra Costa County superintendent of schools. At present four Albany High students are enrolled in ROP

classes — in word processing, insurance clerk, bookkeeper, counting and procurement operator.

The agreement spells out responsibilities of the two counties. The county is responsible for ram enrollment, attendance, counting and transportation. Albany will be in charge of counseling and referring students.

The board accepted the audit report, late, McCullum a number of reasons. "but the newness manager isn't in jail."

Board President Ruth Ganong added that even though the report was late, she found it very good.

On the consent calendar, the board approved payment of rents in the amount of \$100,000.

Ganong explained to the audience that a roll call to be taken when money is due.

The board approved the consent calendar, recommended the employee following people:

• Robert Mackler (Music in the Bay Area) and Kathleen (Parenting the Young Child) School:

• Phyllis Giblin, library clerk, Alameda School:

• Marilyn Rie, site coordinator, AHS:

• Pat Grazier, enrichment center coordinator, AHS:

• Mary Wallman, H.M. di-

ministrator, AHS:

• Marilyn Imes, aite-

Enrichment Center:

• Jeanne Wagner, S.I.P. fin-

rin:

• Anthea Francine, spe-

cialty aide, Marin:

• Betty Anne Duer, S.I.P. Vista:

• Ann Kadyk, Title I aide, one

education aide, Cornell:

• Holly Brecher, Title I aide, Cornell:

• Eulalia Bloomer, Title I aide, Cornell:

• Carol Ann Stickley, Title I aide, Cornell:

• Nancy Ashworth, teach-

ing handicapped (part-time):

At 9:15 p.m. the board held an executive session to discuss

nefalous matters.

Rent control

fraud charge

STOCKTON — A statewide

ants group has filed suit against

estate and construction compa-

ies for charging them with

promoting as rent control

initiative for the 1980 state

The suit, filed in San Joaquin County Superior Court, pro-

hibits paid signature

for portraying the propo-

itive as rent control.

Although the proposed

law would forbid statewide

and place severe limitations

kind of rent control ordina-

ce could be passed by local

communities, it has been offi-

"Rent Control" by the offi-

cials Attorney General George

Blodgett.

It is being promoted by

called Californians for Fair

coalition of organizations in-

cluding realtors, apartment de-

velopers, building trad-

ers and mortgage bankers.

"This is a consciously

tated fraud," said Stephen

of the California Housing

Information Network, a vo-

lancy group that says

gatherers are billing

rent control.

Jack McDowell of the Wood-

cisco firm of Woodard and

Larson, which is man-

aging a campaign, denied the

being promoted as rent



GREEN, LEAFY AVENUE? — If the Albany Chamber of Commerce has its way, trees, shrubs and planters would line San Pablo

Avenue. The city council may vote on the matter in November. Already approved for the avenue is a central left-turn lane and the

reduction of the number of lanes in each direction from three to two.

—Times Journal photo by Mike Musielski

Kensington institute fosters the search for life's meaning

By STEVE KANIGHER

EL CERRITO — The teachings of Viktor Frankl, a student of Alfred Adler who was himself a student of Sigmund Freud, have had a dramatic effect on the life of El Cerrito's Joseph Fabry.

Fabry, a Viennese-born writer, is founder and director of the Institute of Logotherapy, which allies Frankl's psychotherapeutic methods to people who feel empty, frustrated, unhappy or lonely.

The aim of the institute is to put meaning back in their lives through such methods as list making, psychodrama and dreams.

"Life in general has meaning," said Fabry, a Carmel Street resident since 1966. "More important than every moment of our life offers us meaning and we have a chance to respond in a meaningful way."

Many counselors will take a person, look at his past and try to determine why he is what he is. But in logotherapy, the emphasis is on what can be done now."

Frankl, who resides in Vienna, will talk about his

He arrived in New York in 1940, shortly after escaping from the Germans, and went to work in a factory. At the insistence of a friend, he moved to the West Coast in 1941 and worked in shipyards for three years. From 1944 to 1948, he wrote news and commentary for the "Voice of America" and then until 1972, he edited agricultural publications for the University of California at Berkeley.

In 1963, his daughter, Wendy, gave him a copy of Frankl's "Man's Search for Meaning," a bestseller written in the late 1940s that dealt with the author's three years in German concentration camps. Fabry was moved by the account, his first exposure to logotherapy.

"Frankl didn't find life meaningful in camp but he found that life had meaning in spite of it," Fabry said. "This carries an important message for depressed people today."

Fabry wrote to Frankl after he read the book to get more information on logotherapy, perhaps enough to present a lecture series on the subject at the First Unitarian Church in



Dr. Viktor Frankl

are facing death.

Fabry tells people who attend his workshops there are several important things to remember that make life meaningful.

"Every time you know you have a choice life is meaningful," Fabry said. "Every time you feel you have no choice, life is meaningless. Logotherapy not only helps to find choices, but helps a person become aware that he does have choices."

"Whenever you feel replaceable, life is meaningless. Whenever you feel that in some way you are unique, that you make a contribution, then life is meaningful."

"Whenever you feel replaceable, life is meaningless. Whenever you feel that in some way you are unique, that you make a contribution, then life is meaningful."

work in logotherapy this Friday at 8 p.m. at the Berkeley Community Theatre, Milvia and Allston. Proceeds from his speech will benefit the institute, a non-profit corporation.

"People who attend his lectures come out with a more positive feeling," Fabry said. "They come in depressed and they come out and feel there is still hope."

A self-described amateur psychologist, Fabry, 70, is more comfortable talking about Frankl than about his own involvement in logotherapy. He believes Frankl's theory on what motivates people to live is more advanced than the theories developed by Freud and Adler.

"Freud talked about the will to pleasure and Adler about the will to power," Fabry said. "But Frankl says that while pleasure and power are important things, ultimately the fundamental reason why people want to live is that they want to find meaning. Pleasure and power are side products."

Frankl's theory is based on three assumptions: life has meaning under all circumstances, even the most miserable ones; unconsciously, everybody wants to find meaning; and everybody has the freedom to find meaning, not necessarily by changing a meaningless situation, but by changing their attitude towards a meaningless situation.

"A meaningless situation one which doesn't seem to have any purpose and has no reason," Fabry said. "If you were picked up now and put into a slave labor camp without a trial and with a good chance you'd eventually be killed, wouldn't you find that a meaningless situation?"

"Instead of asking why they were put there, people in a concentration camp should ask themselves, what can I do now?"

Fabry speaks from experience. After receiving a J.D. degree from the University of Vienna, he became editor of three satire and fiction magazines. He was imprisoned in a German detention camp in late 1930s, losing his job and contact with his family.

"I must have asked myself unconsciously, is there going to be all this," Fabry said. "I lost my family. I lost my job. I lost my country?"

Berkeley, where he is a member.

"I wanted to know more about his work because his book applied so much to my own life," Fabry said.

Later in 1963, after a lecture Frankl delivered at UC-Berkeley. Upon his return to Vienna, Frankl sent Fabry 20 of his books, all in German.

"My impression of Dr. Frankl is that he is a genius of a man who has done something which needs to be spread," Fabry said. "After reading the material, I felt that a book had to be written on the essence of his ideas that people could understand."

"Most of his books are not translated. Even in German, his books are either medical or very philosophical."

Fabry began to accompany Frankl on his annual speaking engagements in Northern California and even visited the father of logotherapy in Vienna in 1965 and 1967. It was during his second visit that Fabry decided to write a book on logotherapy.

After "Pursuit of Meaning" was published in 1968 by Beacon Press of Boston, Fabry began lecturing on logotherapy throughout the United States, Canada and Europe.

"I got more and more drawn into it and eventually developed workshops for small groups," Fabry said.

The institute, which was founded in 1977, is the most advanced of its kind in the world, according to Fabry. One of its functions is to train professionals like ministers, teachers, counselors and psychologists to apply logotherapy in their own work. Fabry will conduct his next professional workshop between Jan. 11-13, 1980, at the First Unitarian Church, 1 Lawson Road, Berkeley.

Fabry has trained about 60 professionals, some of whom have started their own logotherapy workshops throughout the Bay Area.

"I need to train people who can take my place," Fabry said.

His therapeutic workshops are usually attended by three types of people: young people who don't know what to do with their lives; middle-aged people who find that their jobs are getting stale and their families are becoming distant; and older people who

strengths, something Frankl will address in his speech, "The Defiant Power of the Human Spirit."

Tickets, which are \$6 each, can be obtained at BASS outlets or by calling 835-4342. Ticketholders also may attend a logotherapy workshop at the Berkeley Adult School, 1950 Carleton St., on Saturday at 10 a.m.

The institute also publishes the International Forum for Logotherapy, a twice-a-year periodical dealing with the latest logotherapy trends.

This year, Fabry edited "Logotherapy in Action," a collection of 27 essays by professionals who used logotherapy in their work. The book was the July selection of the month of the Psychotherapy and Social Science Book Club of New York.

The rights to "Pursuit of Meaning" have been taken over by Harper & Row of New York, who plan to come out with a revised paperback next February.

Besides working on its revisions, Fabry teaches classes on logotherapy at the University of California Extension in Berkeley and John F. Kennedy University in Orinda. It supports mini-camps and

mainstreaming for disabled children. It supports special community events like drama workshops and disco roller skating for both scouts and non-scouts. And it supports local Girl Scout troops, giving them funds for field trips as near as your park and as far-fetched as Jamaica.

Get yourself and the Girl Scouts ready for 1980. To special order calendars, call 562-8470.

CLUBS

American Legion

American Legion Auxiliary, Albany Unit 292, will hold a luncheon and bazaar Saturday, Nov. 3 in Veterans Memorial Building, Portland at Ramona Avenues. Lunch will be served at noon. Tickets \$3. Call Beverly Willis, 524-6796 for reservations.

The bazaar will be open for an hour before lunch and an hour afterwards.

High Twelve Club

The Albany-Berkeley High Twelve Club No. 8 will hold its regular monthly business meeting at noon for lunch Nov. 5 at Kirby's in El Cerrito Plaza.

Berkeley City Club

The Past Directors of the Berkeley City Club will hold their monthly meeting on Thursday, Nov. 1. Social hour will be 11:30 a.m. followed by luncheon at 12:15 p.m.

Following a brief business meeting, Dolly Sturges will tell what the Berkeley City Club docents learn about the art and architecture.

A catered luncheon, costing \$3, will be served at noon. Reservations are required and must be in the hands of Doris Sandstrom by Nov. 1. Make checks payable to and mail to Mrs. Sandstrom, 1600 Trestle Glen Rd., Oakland 94610.

For \$1.50 you can get yourself organized and support the largest voluntary organization for girls and women in the world: Girl Scouts. It's all possible through the purchase of 1980 Girl Scout calendars, on sale Nov. 2-25.

If you're a wall organizer, you'll get a bonus of 12 full-colored action photographs showing Girl Scouts involved in sports, crafts, career exploration. If you're a pocket planner, you'll get a classy small calendar with a full square of writing space seven days a week. Buy several and give them to disorganized friends.

The calendar sale, in its 36th year, is a major source of funding for local Girl Scout programs and activities. It helps support McGellany, a contemporary teen program challenging young women to canoe a wild river, go backstage at the ballet and rock climb in the Sierras. It supports mini-camps and

mainstreaming for disabled children. It supports special community events like drama workshops and disco roller skating for both scouts and non-scouts. And it supports local Girl Scout troops, giving them funds for field trips as near as your park and as far-fetched as Jamaica.

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Potato chips

George Crum, an American Indian, invented potato chips in 1853 while he was a chef at a Saratoga Springs resort. A fussy guest kept returning his french fries because they were too thick, and Crum finally lost his temper and sliced a potato into paper-thin pieces and fried them. To Crum's surprise, the guest was delighted with the creation, as millions of Americans have been since then.

The luncheon will be followed by a short business meeting. The program will be presented by C.R.T.A. president, John Andes, who will talk and show slides on his recent trip to China.

Cerrito de Oro
Parlor No. 306

Camden, Oakland.

Following Mass will be a continental breakfast in the Church Hall. Court Our Lady of Good Counsel is the hostess Court.

Kensington Senior Activity Center

The Kensington Senior Activity Center will present a musical program by Debbie Golata, singer, and Jon Harris, guitarist, Nov. 1 at 11 a.m.

A potluck lunch follows the program and a social security representative will be available for questions and answers. The center is at 52 Arlington Ave., Kensington.

CYO Pancake Breakfast

The annual St. Ambrose C.Y.O. Pancake Breakfast will be held Sunday, Nov. 4, in the church hall, 1145 Gilman St., Berkeley.

Breakfast will be served from 7:30 a.m. until 12:30 p.m. for a donation of \$1.50 per person or \$5 for a family of four or more.

Tickets are available from any C.Y.O. basketball member and will also be available at the door. All proceeds benefit the basketball program.

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LOOK FOR OUR IN-STORE SPECIALS!

Senior scribes praise writing class

By ROBERTA
ALEXANDER

"Since I've been writing all the time, I feel better. I feel better about myself. I think I'm a more valuable person."

Writers, like the one quoted above, by definition, work in isolation, mucking about in their own heads. And writers, like seeds tossed carelessly from a car window onto the highway shoulder, sometimes bloom in unexpected places.

The Albany Senior Center is one of those places.

For the past two and half years, Marcy Alancraig has been teaching creative writing there, and the class has grown so large that it had to be split into two sections.

It began for Ms. Alancraig, 25, with CETA funding, and when the CETA money ran out, the program was picked up by Vista College. She credits Mark Greenside, head of the gerontology program at Vista, with helping to keep the class alive.

Ms. Alancraig loves teaching adults, particularly older adults.

"A lot of my struggle with them (at first) was to convince them that I wanted to hear what they had to say," she said.

"They make me appreciate how little experience I've had," Ms. Alancraig continued. "I've taught kids too. And university students are trying to figure out who they are."

"I like this group. These people already know who they are ... and some of them just take off."

Her classes have only two rules: don't apologize for what you have written, and do not make destructive criticism.

"Beginning writers need a lot of support," she said. "Later, when they have more skill, they begin to ask for more criticism."

She encourages an attitude of support among her students. When one woman had to attend the other class section, she was at first reluctant to read before people she didn't know well.

"And someone else told her, 'we're all family,'" Ms. Alancraig reported, pleased.

The course includes reading several short stories, chosen because they demonstrate good ways to handle description, or plot, or dialogue.

But most of the class is devoted to writing. "The assignments are just jumping off places," Ms. Alancraig said. A couple of her students are working on novels, she added, and so they will share a page or two from whatever chapter they are working on.

In a recent class, the assignment was to pretend that you were a painter and describe a scene, incorporating two of these characteristics: bored, disgruntled, whimsical, contented, nurturing, suspicious, self-deluding, exuberant.

The results were as diverse as the class. Most of the students were women, but not all were senior citizens. Each read in turn, and provocative images hung in the air: "as disgusting as a cup of boiled coffee with whipping cream," "wrapped in sweaters of cumulus clouds," "the lip of the cliff."

Class members exhibited considerable support for each other's work, and criticism appeared to be accepted in a professional way.

One of the class members



Marcy Alancraig

read a draft of a story that "just had to come out." It was a powerful, but rough scene, and she asked the group for suggestions.

The others commented on the motivations of the characters in the story, what might happen next, and other issues raised by the story. Even a visiting newspaper reporter chimed in with a suggestion.

Of course, how much outside help and support artists can use depends on their own development and project.

Ms. Alancraig is a strong believer in writers' groups, which is what, in essence, her class is. She belonged to a writer's group in Santa Cruz, where she still returns to teach writing each summer.

She considers the support of fellow writers to be of inestimable value. But now, as her thesis project for her

master's degree at Antioch College West in San Francisco, she is writing a novel. Often she doesn't want to share that material: even though it is written, it is still being worked on and is too fragile to be exposed to outside influences.

That is not yet a problem for Ms. Alancraig's class, which is officially called "Reading and writing short stories."

Since the semester began, class members have written about their coldest experience (during the heat wave), a portrait of someone who was important to them but that they didn't realize at the time, and a description of someone who would drive a particular kind of car.

Ms. Alancraig has a long list of imaginative assignments to get her class thinking, feeling, imagining—but most of all, writing—in creative ways.

Happy birthday to senior center

EL CERRITO — Christ

Lutheran Senior Center celebrates its fifth anniversary Monday, Nov. 5 with a special salad bar luncheon at noon at the center, 780 Ashbury near Stockton in El Cerrito. There will be table decorations made by the class taught by Goldie Hulen and Regina Scholtz and a birthday cake baked and decorated by Cindy Fosselius.

The kitchen staff headed by Billie Morgan and assisted by Pearl Myers, Hester Savage and Jean Slinde will serve the luncheon. After lunch there will be selections from "New Faces on Broadway" by members of El Cerrito High School vocal ensemble.

The center will be open at 9 a.m. as usual that day. The center will be open at 9 a.m. as usual that day.

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ARTS

Choir Performance

The Albany Middle School Choir will present a concert Tuesday, Nov. 6, 7:30-8:15 p.m. at the Albany Middle School Library. The concert is informal, with just the choir performing.

This is the first performance for the newly-formed choir.

'Yum-Yum Tree'

P.A.C.'s Center Stage Theatre presents "Under the Yum-Yum Tree," at Wesley Hall, 3637 Magee, Oakland, through Nov. 17. Curtain time is 8:30 p.m. For more information call the box office at 895-8945.

Gays and Dolls

Contra Costa Civic Theatre opens its twenty-first season with "Gays and Dolls," playing until Dec. 15. Contra Costa Civic Theatre is at 951 Pomona Ave., El Cerrito. For reservations, call 524-9132.

Christmas Sale

A Christmas sale of paintings, sculpture and miniature paintings for your tree by artists from Creative Growth will be held at the Creative Growth Gallery, 2501 Broadway, Oakland, from Nov. 1-Dec. 24. Hours are weekdays, 9-6.

Organ Recital

Dr. David Britton will be the organist for a recital in the sanctuary of St. John's Presbyterian Church, 2727 College Ave., Berkeley, Nov. 4 at 4 p.m.

There will be a donation, at the door, of \$3 for adults, \$2 for students and seniors.

Chamber Music

A concert of traditional and contemporary chamber music will be presented at the University Chamber Players of California State

University-Hayward at 8:15 p.m. Friday, Nov. 2 at the University Theatre. Admission is free.

Program selections will include the suite from "L'histoire du Soldat" by Stravinsky; "Gymel," a 1960 composition, by Nicolo Castiglioni and "Trio in B-Flat Major, Op. 99" by Schubert.

Theatrumania

Northminster Presbyterian Church will present its third annual benefit program Nov. 4 at 7 p.m. It will feature Body & Soul Dance Company; The Nielos, a chanting group combining dance and drama; J. P. Phillips from the Berkeley Shakespeare Festival; and Mary Cobb Duffy's Vocal Workshop, a black spirituals choir.

Following the program there will be wine, desserts and dancing to the live music of "Jan and Jim." This benefit is for the support of a Cambodian refugee family and Northminster's World Mission. Donation \$5; \$2.50 for students and seniors. Child care is provided. Location, 459 Ashbury Ave., El Cerrito.

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The Berkeley ferry due back

one-way fare.

After low ridership forced the city to halt daily service, the Save The Ferry committee began operating the ferry again Fridays, as it had done before an eight-week grant from the Metropolitan Transportation Commission for daily service. The fare went up to \$2.50 from \$1.50 it had cost during daily service.

In a last-gasp attempt to save the service, 110 season passes for \$20 have been sold, entitling the holder to four round trips, the same price it would cost under the ferry's \$2.50

Lions' check for the blind

EL CERRITO — A check for \$605 raised by local bowlers has been presented by K. R. "Quee" Prentice, president of Golden Gate Lanes bowling alley here, to the Lions' White Cane Drive to aid sightless peoples in the area.

Victor Paolini, acting president of the Richmond Lions Club, and John Gregory of the club accepted the donation. The local White Cane Days fund drive raised more than \$1,200 according to chairman Aubrey Morgan.

TIMES JOURNAL

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CHURCH NEWS

Arlington Community
With music, poetry, words and color slides, wife and George Weamer III present "To Each a Son" on Friday, Nov. 2, Arlington Community Church, 32 Arlington Ave., Arlington. A choice of turned desserts and coffee will be served at 7:30 p.m., followed by the program at 8 p.m.

Just back from travel in Switzerland, Austria and Italy, the Weamers will return in this program California's seasonal changes, from a booming autumn to the comet it becomes in winter; a golden meadow turned to silent snow and the public is welcome. A donation for the evening is requested.

Unitarian - Universalists
The Rev. Paul Sawyer will present the second in a two-part series, "Fellowship to Polis," Sunday, Nov. 10, 3 p.m. in the Fellowship Hall, Cedar and Anita in Berkeley.

Temple Beth Hillel

Temple Beth Hillel, 801 Park Central, Richmond, will be holding a bingo game Tuesday night. Doors open 6:30 p.m., with the game starting at 7:30. There is free coffee and cookies, and other food available.

Thousand Oaks Baptist
Thousand Oaks Baptist Church is pleased to announce the addition of a new staff member, Larry Williams, who began his ministry as Youth Director Oct. 17. He is a student at the American Baptist Seminary of the West. The young people of high school and college age are currently meeting under his direction at 9:45 a.m. on Sundays and 7:15 p.m.

Mathletes at Albany High score a win

ALBANY — The East Albany Mathlete League held its initial competition last week at Albany High School.

Albany High not only hosted the meet, but won, as two teams took first and second place.

Team members were Sandra Gan, Ulan CKnight, Ken Berling, Diane Mizutani, and Mary Andcolli for one team, and Sandra Brown, Deanna Ann, Cindy Smith, Nancy Dick Nagasaki, and Diane Mutialu. Hosting teachers were Norm Smith, DePasquale, Debbie Nine, and John Senuta. Nine high schools participated: Pinole, Fremont, El Cerrito, Oakland High, Kennedy, San Leandro, Monte Vista, Bishop Dowd and Albany. Each team can enter one or more re-member teams, and each team member is given ten-eighth problems, with time restriction on each problem.

During the school year, schools will meet once a month for this competition, which is new to the East Bay. Next month, the meet will be at Kennedy on Nov. 1.

The new phone number for the Times Journal is 55-2844.

LET'S TALK IT OVER
with Odd E. Haugen

The property owner who expects to sell at a price which the market value is living in a fool's paradise. Buyers seldom make an offer on any property until they have seen enough similar properties to have a pretty good feel for what the market value should be.

Even if you could find an uninformed buyer who simply loved your house and wanted to pay your unreasonably inflated price, the under's appraisal might prevent the sale. Moreover, you might have lost opportunities to accept offers from capable buyers who had been frightened away by your too-high price.

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following the Wednesday evening potluck dinners.

The sermon on Communion Sunday, Nov. 4, will be "Whose Builder and Maker is God," based on Hebrews 11:8-10, John Skoglund, Interim Pastor, Skoglund.

The Men's Fellowship will hold its monthly breakfast meeting this coming Saturday, Nov. 3, at 8 a.m. The American Baptist Women will meet on Thursday, Nov. 1 at 10 a.m.

Northbrae Community

The Wednesday Community Dinner on Oct. 31 will feature a program on "Aegean Odyssey," by John B. Azer. The Nov. 7 program will be "Off the Beaten Track" in Morocco and Tunisia."

On Sunday, Nov. 4, Rev. Sugarbaker will do the worship service at 11. At 9:30 a.m. there will be a discussion of ballot issues with the League of Women Voters.

World Community Day

"Causeway: This Community, U.S.A." is the theme for this year's observance of World Community Day by Church Women United in Berkeley-Albany, Friday, Nov. 2. It will start at 6:30 p.m. with a pot-luck dinner at Northbrae Community Church, 941 The Alameda. All interested women are invited to attend.

The speaker for the program will be Rev. Dwight Webster, Baptist minister from New York, who is a doctoral candidate at the Graduate Theological Union in Berkeley and who has had experience in inner city counseling and black student union. The service of worship is being prepared under the direction of Ruby Harmon and Elizabeth Reed, co-chairmen.

St. Alban's Episcopal

On Wednesday, Oct. 31, the Rev. Warren Denbennam, rector, will celebrate Holy Communion at 11 a.m.

On Sunday, Nov. 4, All Saints Sunday, Father Denbennam will preach at 8 and 10 a.m.; his sermon theme will be "Branded for God." He will be the celebrant of Holy Communion and will be assisted by the Rev. Robert Wilson, the Rev. David Stone and Nabil Jacob, lay reader. The Senior Choir, directed by Rita Dows, organist and choirmaster, will sing the offertory anthem. The ushers will be George Coons and R. L. Spurrier. There will be a coffee hour following the 10 a.m. service.

St. Alban's Episcopal Church is at 1501 Washington Ave.

North Church Bazaar

The Annual Fall Bazaar of North Congregational Church will be held Saturday, Nov. 3, from 10 a.m. to 4 p.m. at the church, Cedar and Walnut Streets, Berkeley.

The "Kitchen Korner" will have home baked bread, cookies and cakes, along with an assortment of aprons, dish towels and cook books. There will be new varieties of jams and jellies and homemade candies; and produce, including dried apricots from Vacaville.

A new department this season is the "Toy Shop."

where new and reconditioned toys, games and dressed dolls for Christmas gifts will be found.

Plants, jewelry, antiques and books will round out the room of booths. "Chicken Supreme" will be featured in the luncheon, served from 11:30 a.m. to 1:30 p.m. for \$2.50. Hot coffee will be available all day at a very reasonable price.

Mrs. W. Curtis Knoll is general chairman for the event.

Evangelical Free

Rev. David D. Brooks of the Evangelical Free Church of El Cerrito is beginning a new series of messages relating to the family. The message for Nov. 4 will be "Loving Your Child." Music will be provided by the sanctuary choir and organist Mrs. Donna Brooks, playing the beautiful Allen Digital Computer Organ. The worship service begins at 11 a.m. with Sunday School at 9:30 a.m.

The church is located at

7200 Schmidt Lane, El Cerrito.

Albany United Methodist Church

On Sunday, Nov. 4, services will be held at 11 a.m. at the Albany United Methodist Church, 980 Stannage. It is communion Sunday and the Rev. Dr. Peter Ann will speak on "Invitation or Challenge?"

The worship leader will be Lillian Henry.

Sunday School will be at 10 a.m.; Bible study classes, Tuesday at 11 a.m. and Wednesday at 7:30 p.m. Choir rehearsal will be at 7:30 on Thursday.

Child care will be provided during the morning church services each Sunday.

Sycamore Church

Sycamore Congrega-

tional Church, United Church of Christ, 1111 Navelier St., El Cerrito will celebrate its 75th anniversary on Sunday, Nov. 4, with an all-day program, starting with a Service of Thanksgiving at 10:30 a.m. led by the church's two ministers — The Rev. Dr. Warren Lee, interim minister, and The Rev. Toshiyuki Kuwabara, Japanese minister.

According to Eiko Katayama, chairperson of the celebration, a special 75th anniversary service will be held at 3 p.m., and a banquet is scheduled for 4:30 p.m.

In commemoration of the anniversary, monetary gifts have been given to the newly established First

Philippine-American UCC Church of San Bruno and the Japanese-American Christian Center, an ecumenical program serving the Japanese newcomers. Speakers will be Rev. Erasto Arenas of the First Filipino-American UCC Church and The Rev. Nobuaki Hanaka, minister of the Pine Methodist Church of San Francisco and president of the board for the Japanese-American Christian Center. Entertainment will include special koto music.

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Does not exceed
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500 MG. 100%
\$1.49

COMING UP!

Guitar class

Starting Wednesday, Nov. 7 at 1 p.m., The Open House, El Cerrito's Senior Drop-In Center, will be offering guitar instruction for senior citizens. Instruction will be given by Rob Waxman, co-director of The Open House. Beginning and intermediate students interested in flatpicking (fingerpicking will not be taught) are invited to attend. Any person wishing to attend should own a guitar or be willing to purchase or rent one.

Yoga class

Hatha Yoga classes will begin a new session on Nov. 5, and meet every Monday through Dec. 17, at the Berkeley Central YMCA. A continuing level class meets 10:45 a.m.-12:15, followed by a beginning class 12:30-1:30 p.m.

The entire session costs \$18 for YMCA members and \$25 for nonmembers. Any one who is interested can drop in to one of the first two classes for \$4. For more information call the Y, 848-6800, ext. 15.

"Getting Your Act Together," a community affairs program produced by KTVU, is looking for high school students (grades 9-12) interested in participating in the taping of a TV program.

The program covers topics of interest to teenagers, such as sports as a career, information for college, and life in a divorced family. The show includes a panel discussion on the topic, and a question and answer period.

Students interested in participating in this program should meet at the KTVU studios, No. 1 Jack London Square, on Nov. 1 at 4:45 p.m. promptly. The

November show airs on Saturday, Nov. 3 at 11 a.m. Further information about the program is available by calling Jan Vivo at KTVU, 834-2000, or Albany High students D. Thomsen and J. Schuyler, 527-2449.

Health services

Free testing for sickle cell, blood pressures and common anemia will be offered Friday, Nov. 9, from 10 a.m.-2 p.m. at the Laney College Mall. The services are free and open to the public.

Meditation Center

A Siddha Yoga Meditation Center in Albany meets Wednesdays at 7:15 p.m. at 809 Washington Ave.

Siddha Yoga is based on the teachings of Swami Muktananda.

All are welcome. There is no charge. For information call 527-0270.

ECHS reunion

El Cerrito High School's graduating class of 1969 is having its 10-year reunion on Nov. 3 at its Lordships Restaurant on the Berkeley Marina. Cocktail hour will be at 6:30 with dinner being served at 8. The contribution for the dinner-dance is \$16 per person.

Those wishing to attend should forward their contribution, with their current address, and name to Viki Kubokawa, 917 Hough Ave. No. 9, Lafayette, Ca. 94549. For further information call Malcolm Sproul between 6 p.m. and 8 p.m. at 841-3086.

Arthritis class

The Open House of El Cerrito and Stanford Arthritis Center are co-sponsoring a six week, "arthritis self-management course," scheduled to begin Nov. 6. The class will meet every Tuesday for two

hours, 12:45-2:45 p.m. at The Open House, 6510 Stockton Ave. (behind the library).

Interested persons can obtain an application form by calling 234-7447. El Cerrito Senior Services. There will be a \$4 fee to cover the cost of the class manual. Oct. 26 is the deadline for filing applications.

Bread Basket

You can learn how to make "bread" plates, artificial cookies, candies, Christmas tree ornaments and dozens of creative holiday gift items in Albany Adult's "Art Dough Sculpture" course. The class will meet on three consecutive Saturday mornings from 9 to noon, starting Nov. 3, in Room 8 at MacGregor School (corner of San Gabriel and Brighton Avenues). The tu-

ition is \$10. Call 526-6811 for enrollment information and a list of supplies to be brought to the first class meeting.

Fellowship of Humanity

Judge Dawn B. Girard of the Municipal Court of the Berkeley-Albany Judicial District will speak at the Fellowship of Humanity, 411 28th St., Oakland on Sunday, Nov. 4 at 11 a.m.

Young People's Corner

On Wednesday, Oct. 31, KPFK radio (94.1 FM) will air "Young People's Corner," beginning at noon. It will include a live discussion of children's books featuring Albany Library staff member Starr Parkhurst and several members of the Junior Critics, a group of junior high patrons

who meet regularly to review and discuss new books at the library. Speaking for the group will be Jennifer Fong, James Grandy, Heather Muir, and Rebecca Salisbury.

Veterans assistance

The Veterans Assistance Center in Berkeley is urging all veterans who received undesirable discharges (now "Discharges Under Other Than Honorable Conditions") prior to 1964 to apply to the Department of Defense for a discharge review. Normally there is a 15 year time limit in which such applications must be made. However, due to a one-time change in the Federal regulations, persons who received an undesirable discharge more than 15 years ago can now apply for a discharge review. The deadline for applying is January, 1980.

For free assistance in applying for a discharge review, call the Veterans Assistance Center at 849-2144 or visit the office at 1027 University Ave. in Berkeley.

Senior trip

Albany Seniors trip to South Shore and Carson City has been changed to Nov. 25 and 26. Please call 644-8500 for reservations.

Flu shots

Persons 55 years of age and older can get a free flu shot on Friday, Nov. 2, 1-3:30 p.m. at the El Cerrito Community Center, 7007 Moeser Lane.

Breastfeeding group

A black women's breastfeeding support group will have its opening meeting Monday, Nov. 5 at 7 p.m. The focus of the group will include nutrition,

child development, child care and referrals to other agencies. Interested persons should contact Bodia at 526-0110 or 523-3397.

Family companions

The Family Companion Program matches Bay families and older individuals or couples in family sharing a home. There will be an introductory orientation session Tuesday, Nov. 7, 7:30 p.m. in the Bank Child Care office at Telegraph Ave. in Oakland. For more information call 273-3080.

Harrah's trip

A trip to Harrah's Hotel has been scheduled by the El Cerrito Community Center, Dec. 19 and 20. The price for El Cerrito residents is \$44, and single begin Nov. 19.

DISCOUNT LUCKY CENTER

MORE THAN JUST ANOTHER SUPERMARKET

PARKS AND RECREATION

Cake Decorating

The Albany Park & Recreation Department announces a new cake decorating class to be held at Albany Senior Center, 846 Masonic Ave., starting Wednesday, Nov. 7. It is a six week session, 7:30 p.m.

Class instructor Ethel Haloz has had extensive experience in teaching and conducting workshops for cake decorating.

Fee is \$13 for Albany residents and \$15 for non-residents.

Sign-up at the Albany Park & Recreation Department, 1000 San Pablo Ave., or call 644-8514 for further information.

Yoga Class

New continuance yoga session for six weeks will be held at the Albany Community Center, 1123-8th St., Albany on Fridays from 7:30 p.m.

Yoga builds an inner strength that can help you cope with stress and strain and promote proper breathing for health and beauty. Class fee is \$16.50 for one and a half hour class — six week session.

Instructor Oleta Berger has had extensive training in yoga, nutrition and psychotherapy.

A.R.D. Club

A special program for children six through 10 years, Monday through Friday, 2-6 p.m. at Memorial Park Clubhouse, 1375 Portland Ave., Albany. Scheduled activities will be art & crafts, cooking, athletic games, record and story time and excursions. Cost will be \$41 per month from 2-6 p.m., and \$36 per month from 3-6 p.m. Instructors are Tanna Funes and David Morales. Sign-up at the Albany Park & Recreation Department.

Local home repair program helping older homeowners

ALBANY — The Albany Minor Home Repair Program is entering its second year of operation.

Administered by Retirement Jobs Incorporated, it serves mainly, but not exclusively, Albany's senior citizens. Over 200 jobs have been completed to date.

Those who qualify for assistance under the program must live in the City of Albany, live in their own homes, and have a household income of \$1,100 or less per month.

Minor home repairs of

Jazzercise Classes

Monthly Jazzercise classes will start Nov. 5 on Mondays and Wednesdays at Community Center, 1123-8th St., Albany. Morning classes will be 10:10-45 a.m. and evening classes will be held 7:30-8:15 p.m. Balance, coordination, flexibility, muscle tone, stamina and posture are the areas which Jazzercise concentrates. Fee is \$15 per month, instructor is Marnie Marks. Call 644-8514 for further information.

Dog Obedience

Beginning dog obedience class will be held starting Nov. 3 on Saturdays, eight week session at the Albany Community Center, 1123-8th St., Albany. Class time: 9-10 a.m., instructor Mary Culley.

Animals must be at least three months old and have a choke chain collar and a six-foot leather leash and have all their shots. Fee for the eight week session is \$16. Call 644-8514 for further information.

Special Classes

The Albany Park & Recreation announces openings in the following special classes: creative puppetry classes on Wednesdays, for children 4-10 years of age, 2-3 p.m. and 3:30-4:30 p.m. for the older group. Francis Baruch is instructor.

Baton classes are held on Thursdays, 3:15-4 p.m. at the Marin multi-purpose room, 1001 Santa Fe Ave. Learn to twirl and basic dance steps for parades and marching corps units. Instructor is Sandi Rios. Fee: \$14 for eight week session.

Calligraphy classes will be offered subject to sign-ups at the Albany Park & Recreation Department, 1000 San Pablo Ave., or call 644-8514.

formed; and the work is done by skilled or semi-skilled workers who are, in most cases, senior or retired craftsmen.

The homeowner purchases any materials used, after consulting with the worker. The homeowner, or client, will contribute a portion or all of the worker's wages, depending on the amount of household income. This will be determined at the beginning of the job. The balance will be funded through the City of Albany's Housing Conservation Program.

Ladies Wrap Sweater

Long sleeve, 2 pocket wrap sweater. 100% acrylic, assorted colors. S-M-L (Regular Price 11.94)

now 9⁷⁷

Ladies Bike Jacket

100% nylon hooded jacket, featuring acrylic sweater knit trim. Snap front placket conceals the zipper closing. S-M-L

each 28⁹⁶



Ladies COWL and TURTLENECK BONANZA!

Long sleeve cowl and turtlenecks in 18 gauge knit, vast assortment of colors. Perfect to wear alone or layer under other tops. 100% acrylic. S-M-L (Regular Price 5.96)

now 4⁷⁷



Fashions Not Available in These Stores
1550 E. 14th St., San Leandro
2246 So. Shore Center, Alameda
300 El Cerrito Plaza, El Cerrito

11 oz. 6.5 oz. 1 oz.

40's 40's 40's

23⁴⁴ 23⁴⁴ 23⁴⁴

89 89 89

Reach Toothbrush
Youth Size
Each .89

50's 50's 50's

116 116 116

50's 50's 50's

219 219 219

207 207 207

2.4 oz. 2.4 oz. 2.4 oz.

299 299 299

40 oz. 40 oz. 40 oz.

189 189 189

each .each .each

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YMCA has openings in child care group

ALBANY — There will be openings in the Y's Kids Club, Albany YMCA's after-school child care program, beginning this week, according to Peggy Mcavan, program director.

Y's Kids Club operates every school day afternoon from 1:30 to 5:30 p.m. The indoor games are held at small Elementary School until 4 p.m., when the group is escorted to the Albany Y for indoor activities, ranging from arts and crafts, games, homework time, stories and movies. In Fridays, the group swims at the Albany Pool. In its second year of operation, the YMCA program-

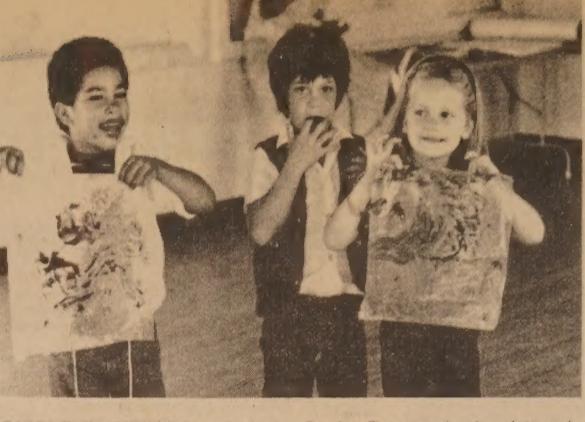
ram offers a high-quality child care program at an average charge of about 75¢ per hour. The staff to student ratio is 1:6, with staff members college students assisted by high school aides. Monthly fees range from \$24 per month for two days weekly to \$60 per month for five days per week.

For further information on the YMCA's Y's Kids Club or other after-school activities, call or visit the Albany YMCA at 921 Kains Avenue, 525-4447.

The new phone number for the Times Journal is 525-2644.

EDIBLE PAINTINGS — Peter Goldman, left, Antonio Hallinan, and

Carolyn Finnegan do chocolate pudding painting at the YMCA.



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A growing family and shrinking dollar may be signs of the times, but Lucky guarantees that our low, everyday discount prices can help keep your food costs down! By keeping our costs down, Lucky keeps your food costs down. So whatever day of the week you shop at Lucky, you'll find that prices on most of the items you use day in and day out are lower by a few cents. It may not seem like a lot...until you add it all up at the checkstand. That's where you'll really see how discount pricing saves you money. Because a lower total at the checkstand is what discount pricing is all about.

Compare...Here are Examples of Store-Wide Discount Prices...

Harvest Day Bread
100% Whole Wheat .61

MACARONI & CHEESE
Golden Grain Stir'n Serve... 3.88 oz. 21
GOLD MEDAL FLOUR
(Self-Rising 5 lb. \$3) All Purpose... 5 lb. 87

Lady Lee Ramen Noodles

Beef, Chicken or Pork Flavor .19

WHEATIES CEREAL
General Mills... 18 oz. 1.11

LONG SPAGHETTI
Lady Lee... 2 lb. .69

LADY LEE CORN FLAKES
Cereal... 18 oz. .75

American Beauty Long Spaghetti .57

Sugar Frosted Flakes Cereal .115

Lady Lee... 20 oz. .54

FROZEN ORANGE JUICE
Minute Maid-100% Pure... 6 oz. .54

SWANSON FROZEN DINNERS
Mexican Style 16 oz. or Turkey 11.5 oz... .89

EGGO WAFFLES
Frozen-12 oz... 1.19

O-RE-IO FROZEN POTATOES
(Shoestring 20 oz. \$8) or Shredded Hash Browns... 24 oz. .79

Stokely Cut Corn .39

Frozen... 16 oz. .39

SPICED APPLE RINGS
Comstock... 21.5 oz. .85

TOMATO PASTE
Contadina... 6 oz. .26

LADY LEE SPINACH
15 oz. .37

HUNT'S TOMATO SAUCE
Del Monte... 8 oz. .20

STEWED TOMATOES
Del Monte... 16 oz. .39

Tropicana Orange Juice
Pure-Carton 145

64 oz. .29

LADY LEE YOGURT
Assorted Flavors-Regular or Blended... 1/2 pint .29

FOLGER'S GROUND COFFEE
All Grinds... 3 lb. 9.85

LIPTON TEA BAGS
48's 1.28

COFFEE MATE
Carnation... 22 oz. 1.89

INSTANT HOT COCOA
Lady Lee-1 oz. envelopes... 12's 1.15

CRANBERRY JUICE
Ocean Spray Cocktail... 48 oz. 1.29

Sunshine Krispy Crackers

Salted or Unsalted... 16 oz. .69

CHOW MEIN NOODLES
Chung King... 6 oz. .63

LADY LEE SOUP
Chunky Vegetable... 19 oz. .51

G.E. LIGHT BULBS
Soft White-60 Watt... 4's 2.79

V-8 COCKTAIL JUICE
Vegetable... 6 oz. 6's .96

TREE TOP APPLE JUICE
Tropical-Natural... 64 oz. 1.73

GRAPEFRUIT JUICE
Tropical-Natural... 48 oz. .85

VEGETABLE BEEF SOUP
Campbell's... 10.5 oz. .37

SPAGHETTI SAUCE MIX
American Beauty... 1 oz. .25

LADY LEE PRETZELS
Mini twists, rods, sticks or twists... 9 oz. .49

CHILI WITH BEANS
Nalley's - Regular, Thick or Hot 15 oz. .66

CHUNK LIGHT TUNA
Chicken of the Sea... 9.25 oz. 1.09

Heinz Keg-O-Ketchup .93

32 oz. .93

MIRACLE WHIP DRESSING
Kraft... 16 oz. 79

FRENCH'S MUSTARD
9 oz. .39

Heinz Genuine Dill Pickles .89

32 oz. .89

9 LIVES SQUARE MEALS
Cat Cat, Fish-Liver/Beef/Egg, Salmon/Shrimp/Chicken/Tuna/Chicken/Egg or Tuna/Liver/Milk... 12 oz. .59

CHUCK WAGON DINNER
Purina Dog Food... 10 lb. 3.49

MEALTIME DOG FOOD
Kai Kan-Large or Small Bites... 25 lb. 7.09

Tabby Canned Cat Food .25

Beef or Seafood Platter... 6 1/2 oz. .25

APPLETIME APPLESAUCE
Original... 33 oz. .97

LASSCO HERRING
Spiced, Cut... 12 oz. 1.79

SOUR CREAM HERRING
Lassco... 12 oz. 2.17

Bathroom Tissue

Lady Lee-1 Ply, Pink, White or Yellow... 4 rolls 83

ZEZ PAPER NAPKINS
Assorted... 60's .31

DISPOSABLE DIAPERS
Pampers-Toddlers... 12's 1.79

REYNOLDS ALUMINUM FOIL
28 ft. .45

Lady Lee Sliced Salami

Beef or Cooked... .99

••• PILLSBURY BISCUITS

Hungry Jack Buttermilk-Fly... 5 oz. .31

Lady Lee Biscuits

Buttermilk or Homestyle... 7.5 oz. 19

DASH DETERGENT

100 oz. 2.81

FABRIC SOFTENER

Lady Lee-Concentrate... 64 oz. 1.13

FINISH DETERGENT

Dishwasher... 35 oz. 1.25

••• CHEER DETERGENT

54 oz. 2.53

Kessler Blended Whiskey

80 Proof 899

1.75 Ltr. 899

BLACK VELVET

Canadian Whisky-80 Proof... 750 ml. 4.29

Gallo Wines

Chablis Blanc, Hearty Burgundy or Rhine... 1.5 Ltr. 239

Health & Beauty Aids

Bayer Aspirin 124

100's 124

Ben Gay

Assorted Types 1 1/4 oz. 114

Sure Solid

Deodorant-Regular or Unscented... 2 oz. 139

Head & Shoulders

Lotion Shampoo 15 oz. 249

APPLETIME APPLESAUCE

Original... 33 oz. .97

LASSCO HERRING

Spiced, Cut... 12 oz. 1.79

SOUR CREAM HERRING

Lassco... 12 oz. 2.17

Here's Our Savings Guarantee:

After you've made your normal weekly grocery purchases at Lucky, compare with any other supermarket. If the total amount for the same or comparable items is less at the other supermarket, **We'll Refund You Double The Difference!** Simply bring us your shopping list of 25 or more different items (worth at least \$20) and your Lucky receipt, along with the prices of the other supermarket. When it comes to your food bill, we guarantee that no other supermarket saves you more than Lucky! Shop and Compare!

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Pork at its Best ... LUCKY HAS IT!

Pork Loin Roast

Sirloin Cut, 3 1/2-4 lb., Finest Eastern

118

Quarter Pork Loin Sliced

128

Includes Loin, Blade, Rib & Sirloin

128

Pork

Fresh Leg of Pork

99

Whole or Shank Half

99

Pork

Spare Ribs

89

Fresh Frozen

89

PORK LOIN ROAST

118

Blade Cut

118

PORK LOIN CHOPS

154

Tenderloin

154

PORK LOIN BLADE CHOPS

128

Boston Butt-Sliced

134

PORK LOIN CHOPS

128

Sirloin Cut

128

FRESH LEG OF PORK

119

Butt Portion

119

FRESH LEG OF PORK

199

Center Slice

199

PORK SHOULDER

134

Boston Butt-Sliced

134

PORK SAUSAGE LINKS

168

F & M's Tasty brand, Fresh

168

Lady Lee Sliced Bacon

94

Thick 2 lb. pkg. 1.87

1 lb. pkg. 94

Roasting Chicken

74

USA Grade A, Fresh Frozen...

74

Garden Fresh Fruits & Vegetables

69

Golden Delicious Apples

29

California, extra fancy large

29

Russet Potatoes

69

10 lb. cello bag

69

Yams

27

Delicious baked, mashed or candied

27

Romaine Lettuce

29

Fresh from local farms

29

BANANAS

23

America's favorite fruit

23

RED POTATOES

15

No. 1 Quality, smooth red skin

15

CARROTS

17

Garden fresh, with tops cut off

17

BANANA SQUASH

9

Tender yellow meat - Great baked!

9



UP IN THE AIR — Using their imaginations, an old board and a mound of dirt, some youngsters at Al-

bany Middle School find a new way to entertain themselves during a lunch break.

—Times Journal photo by Mike Muselis

Achieving new goals with help of WST

By BARBARA ERICKSON

Just over a year ago Anna Rabkin joined Women's Success Teams, Inc. hoping to find a new direction for her life.

"I was trying to decide what to do after Loni (former Berkeley council member Ilona Hancock) left the council," said Ms. Rabkin who had been administrative assistant to the councilwoman. "I was deciding," she said with a laugh, "what to do for the rest of my life."

Within seven months she had a new career. She had won an election for Berkeley City Auditor, and her success was so rapid and visible Women's Success Teams gave her its Achievement Award last spring.

But Ms. Rabkin's story is not a singular one for WST, a network of women helping women set up three years ago in New York by psychologist Barbara Scher. Other women have made goals and achieved them with the help of WST, and one of these is El Cerrito resident Mina Edelston.

Ms. Edelston, 31, went to a WST seminar in February because, she said, "I was looking for contacts. I felt I needed to enlarge the circle of people for a new career. I felt like I was living in a desert."

She had a degree in psychology from UC-Berkeley, and she was working at a clerical job she hated.

"I was thinking about science and engineering," she said, when she attended a National Business Women's conference and saw a WST booth there. The contact came at the right time for her, and she signed up for a seminar.

It was a weekend at the Zen Center in San Francisco. "I remember spending the whole weekend terrified," she said, "because it was a big step, a big commitment."

The women spend time brainstorming at the seminars, telling each other what their fantasies of success are, and among the group they find support and specific advice.

At the seminar the women break into smaller teams which continue to meet for at least three months after the weekend. They set each other specific tasks to attain their goals and give constant encouragement.

"It was so uncanny," Ms. Edelston said, "the right people are there." She found a woman who could help her prepare for an entrance exam to a Mills College program for women in engineering.

"She helped me know how to study," Ms. Edelston said, "how to organize materials. So I passed and got in the program. All was on schedule."

But it was not simple and not without anxiety.

"The biggest step was to open up the workbook for the exam. I had had it sitting around for weeks, months. After the weekend I had enough confidence to do it."

Once she passed the exam Ms. Edelston had achieved her first step and she changed teams. She had to get financial aid for the five year program, but though the team encouraged her, the college did not give her money.

Now she is looking into a career in alternative energy. She is researching what kinds of jobs are available, in case she makes the change, but at the same time she is reapplying for financial aid.

Ms. Rabkin, 43, also found the connections she needed at the seminar and in her team. She knew, from the time she signed up, that she wanted to work in policy making of some kind, and later this meant running for election.

"In my group there was a coincidence that amazed me," she said. "There was a woman from San Francisco whose husband had been involved in a campaign. She told me what to look out for."

"And a couple of women in the team were in high



Anna Rabkin found a new direction to her life

positions in the federal government, and they can tell how to live in this kind of job."

Ms. Rabkin earned an MA in city and regional planning from UC-Berkeley two years ago, with a specialty in program evaluation. This prepared her well for auditing position, but even though she had the skills the job, she said, "I needed people to support me."

In the team she found this, and she says several members in the WST approach helped her win her job.

"Most important is the ability for people to understand what their goal is," she said. "People subconscious know what their goal is, but they are afraid to say it loud because they might fail."

"And the fact that the people with you are strange is very important in the whole process. They don't have the preconceptions about you that family and friends have. And you can't choose the people, so you find self meeting women you would never have met otherwise."

When the time for filing for election approached Rabkin told her team that friends had been urging her to run. Her team asked her why not? So she tried and "They will do everything in their power to help achieve your goal," she said.

"For me," she added, "the whole idea of working together each other is important. Here is a vehicle for women who still feel somewhat nervous about the concept of women helping each other. Many need support and don't have it. Families used to do this most are scattered. WST is kind of 'in loco parentis'."

Any women who are looking for this kind of support, she said, should attend a WST open house. They are offered on a regular basis. For information call the West, 391-5811 or write to 50 Ashbury Terr., San Francisco, Ca. 94117.

Author-mother says child custody should be shared

By STEVE KANIGHER

THOUSAND OAKS — A formerly divorced mother of two who wrote a book on how child custody can be shared between parents told a group of divorced fathers at the Northbrae Community Church, 941 The Alameda, last week that a new California law which goes into effect in January will encourage joint custody.

Persia Woolley, author of "The Custody Handbook," informed members of Equal Rights For Fathers, a non-profit group with 350 Bay Area members, that the new law is the most progressive child custody law in the country.

Ironically, AB 1480, for which she lobbied, was signed into law by Gov. Edmund Brown, Jr., on

on which parent is going to be willing to allow the children to have a natural relationship."

A Bay Area native, Ms. Woolley dropped her architecture studies at UC Berkeley to marry in 1956. Two years later, she divorced her husband and was granted sole custody of their two children.

In 1968, she had some disciplinary problems with her 10-year-old son, Christopher, and he moved in with his father. Her daughter Natasha, 11, moved in with her father in 1969 because she wanted to be with her brother. But she returned to her mother for good in 1970 and her brother followed a year later.

In 1973, Ms. Woolley took her ex-husband to court in an attempt to get an in-

crease in the \$87.50 in alimony she had received monthly for each child since the divorce. He turned around and demanded sole custody when he found out one of the children had discovered marijuana while in her care. But in the ensuing custody battle, he lost.

"It just absolutely devastates the children when they are used as weapons of power in custody battles," said Ms. Woolley, who remarried two years ago. "Most custody battles are a question of power between the adults. They have very little to do with the actual welfare of the kids."

She conducted numerous personal and written interviews with divorced parents, children, judges, attorneys and just about anybody else involved in divorce matters. She also pursued law reviews and professional journals.

"If you look at all the psychological research that has been done on children of divorced parents, over and over again they all come out saying the child who has the most contact with both parents is the one who adjusts best to the divorce," she said.

Ms. Woolley said sole custody, especially when it is granted to the mother, leads to tensions that would be removed under joint custody.

"She resents highly that he plays Disneyland dad or Prince Charming when he takes the children out to a recreational place while she stays home and sorts out the laundry," Ms. Woolley said. "On the other hand, he feels as though he's become a Disneyland daddy and that it's an empty relationship. It seems to her that her ex is coming in there and either he's late with the check, he doesn't pick up the kids when he says he's



Persia Woolley

subsequently he feels hollow and empty.

"She is trying to take over running a family, basically doing a man's job, and very often feels strained out. It seems to her that her ex is coming in there and either he's late with the check, he doesn't pick up the kids when he says he's

going to, he doesn't bring them back when he says he's going to. Anything that isn't exactly as she understood what the judge said to be, is just going to threaten to have her whole world collapse."

About 35 percent of the children involved in divorce cases live with both parents

on a regular basis at some point in their lives, according to Ms. Woolley.

"Shared custody doesn't mean you'll never have difficulty with your ex but sole custody doesn't mean that you can't share either," she said.

Ms. Woolley described a variety of sharing methods

which she discovered in her research. Among them is a long-term, open-ended arrangement, such as the one she experienced with her own children.

A short-term turn-around situation is suitable for parents living within the same school district, she said. This may involve alternating every week, every month or every six months.

Ms. Woolley said that in the case of an infant, it is advantageous to alternate daily so that he or she has a more lasting memory of both parents.

"If you have a couple of months with one parent and then a shift to a couple of months with the other, the infant may well lose contact with the parent who isn't the custodial parent," she said.

Another situation is free access, where the children can wander back and forth between parents at will.

"You have to have a lot of good communication to make that one work, though," Ms. Woolley said. "There's nothing worse than having two parents each thinking the other knows where the kids are and the kids have vanished in-between."

Sharing could also be accomplished through splitting the kids up so that each parent has a child to care for.

"The child who is sent to the other parent may not like that parent, I don't say that it's going to be peaches and cream and roses and all," Ms. Woolley said. "At least the child's reaction is for real in relationship to that parent and not a question of the anger and bitterness projected by the other parent."

The last arrangement she discussed is "bird's nest," where the children stay in one place and the parents take turns coming and going like birds. It helps the parents adjust to being single but Ms. Woolley said it creates more problems than it solves.

"Usually, because there's not enough money to go around, they get a bachelor's apartment and whoever's not at home is

Chinese
folklore

In Chinese folklore, small mirror is carried because it is frightened at the own faces.

New Wave Of Smoker Research Just In:
MERIT smokers acclaim low tar option as
taste alternative to high tar brands.

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I’ve tried.”

MERIT smokers rate low tar MERIT satisfying taste alternative to high tar brands.

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You've read the results. The conclusion is clearer than ever: MERIT delivers a winning combination of taste and low tar.

A combination that seems to be attracting more and more smokers every day and—more importantly—satisfying them long term.



Kings: 8 mg "tar," 0.6 mg nicotine—
100's: 11 mg "tar," 0.7 mg nicotine av. per cigarette, FTC Report May '78

MERIT
Kings & 100's

LOCAL NEWSMAKERS

Over the summer members of the Albany High Band played up a storm. Diana Buchanan and John Yi attended the Mendocino Music Camp, where John

was soloist with the Albany Schools' summer jazz band; Liz Comte was a student assistant at Cazadero Music Camp.

Young Darla Scott Fletcher, daughter of Jesse and Tasha Fletcher of Albany, has been named a California finalist in the Baby Miss America Pageant. The state contest will be held in November in

San Francisco.

In addition to the off center Log Cabin Quilts being shown at Patience Corners from Roberta Horton's Adult Education Classes, there is a Raffle Quilt, Log Cabin "Barn Raising" design, which was made by nine members of Church Women United and East Bay Heritage Quilters.

The drawing for this will

be on Thursday, Dec. 6, at 3 p.m. in the lounge of the Graduate Theological Union, 2465 LeConte Ave., Berkeley, and is for the benefit of the GTU guild scholarship fund. Tickets are 50 cents each and may be obtained by calling 526-8955.

Sindri Anderson of El Cerrito will play the part of Paula in the University of Iowa Theatre's production

of "Distilling Spirits," written by Dean-Michael Dolan, a graduate of the U of I's Playwrights Workshop.

Ted Catanesi, 22, of

Wildwood St., El Cerrito, has returned to school as a journalism student at San Jose State University. He attended El Cerrito High School.

Catanesi's father, John, is a semi-retired plastering

contractor. His mother, Mildred, is employed by Contra Costa County as a secretary. He has two brothers, Jim, 31, and Mike, 27.

Irene Gonzales, owner of Aleena's Beauty Salon on Solano Avenue, is participating in the WhistleSTOP In Northern California and the Shriek Alarms Community Safety programs being sponsored by

the Albany-Berkeley tired Senior Voul-

Program. Not a single

senior citizen

is conscious of the ne-

curb street crimes.

She tells her clients

it is important to

either a whistle or a

alarm; then phones

the Shriek Alarms

Community Safety pro-

grams being sponsored by

salon.

PARK and SHOP WHERE YOUR MONEY GOES FURTHER!

SUPER DISCOUNT VALUE

\$5.22 VALUE

CIGARETTES \$4.99

ALL POPULAR BRANDS. CARTON

\$1.25 VALUE



7-UP

REG. OR DIET

2 LITER BTLE.

89

2 LITER BTLE.

Ripe Olives

OBERTI GIANT PITTED 79¢ VALUE

65

White King 'D'

DETERGENT \$1.09 VALUE

89¢

Ketchup

HEINZ \$1.27 VALUE

98¢

Tuna

BUMBLE BEE CHUNK IN OIL OR WATER 85¢ VALUE

79¢

Mouth Wash

SCOPE \$2.29 VALUE



\$1.29

English Muffins

THOMAS 87¢ VALUE



69¢

Jam

MARY ELLEN STRAWBERRY \$1.89 VALUE



\$1.49

Coffee

HILLS BROS. \$5.99 VALUE



5.69

GIN

GILBERT'S 40° 1.75 Liter

\$8.99

VODKA

SMIRNOFF 40° QUART

\$5.89

BEER

COORS 12-oz. TIN 6 PACK

\$1.69

WINE

WEINER BROS. GREY RIESLING 750 ML

\$2.79

SCOTCH

JGB 86° 750 ML

\$7.69

Dog Food

ALAMO DRY \$1.50 OFF LABEL 50-lb. SACK \$12.99 VALUE

YOU PAY \$9.99

Pears

DEL MONTE HALVES OR SLICED 67¢ VALUE 16-oz. TIN

59¢

Wizard

AIR FRESHENER AEROSOL CAN 89¢ VALUE

59¢

Easy Off

OVEN CLEANER REG. OR LEMON AEROSOL CAN 16-oz. 50-lb. SACK

\$1.59

Dog Food

GRAY TAIL \$12.99 VALUE 50-lb. SACK

\$9.99

Cat Food

FIGARO CAT TUNA 33¢ VALUE

4 \$1 FOR

Fresh Eggs

RANCH PAK LARGE GRADE AA

72

PEARS 29¢
D'ANJOU FANCY LARGE lb.

APPLES



WASHINGTON EXTRA FANCY RED & GOLDEN DELICIOUS

3.99¢ LBS

WALNUTS NEW CROP
69¢

Carrots
Chard
Squash

YOUNG AND TENDER CLIP TOP
GARDEN FRESH BUNCHES, GREEN
FRESH CUT AND CELLO WRAPPED BANANA

.19¢
3 for \$1
.9¢

GRAPES
RED EMPORER
43¢

AVOCADOS FLORIDA LARGE SIZE each 49¢

LOW, LOW FROZEN FOOD PRICES

LOW, LOW PRICES

LOW, LOW PRICES

LOW, LOW DAIRY PRICES

FLEISCHMANN'S EGG

Beaters \$1.25 VALUE 16-oz. CART. \$1.09

MAHATMA

Rice \$2.59 VALUE 5-lb. SACK

Mushrooms

\$1.99

SENECA BUTTONS OR SLICED

\$1.79 VALUE 8½-oz. \$1.69

MINUTE MAID CHILLED GRAPEFRUIT

Juice \$1.59 VALUE 64-oz. BTLE. \$1.25

SARA LEE APPLE

Pie \$1.99 VALUE 31-oz. PIE \$1.59

KEROSOL

Pam \$1.79 VALUE 6-oz. TIN \$1.49

SENECA STEMS & PIECES

\$1.55 VALUE 8½-oz. \$1.39

Mushrooms

\$1.69

CARNATION-BERKELEY FARMS PINT

Cottage Cheese 79¢ Margarine 2-8-oz. TUBS

DONALD DUCK ORANGE

Juice 85¢

ROYAL NO BAKE CHEESE

Cake \$1.15 VALUE 11-oz. PKG. 99¢

Noodles

25¢ VALUE 3-oz. PKG. 5 for 99¢

SMACK RAMEN BEEF, CHICKEN, PORK

LOVELY CREAM RINSE

Shampoo

\$1.69 VALUE 16-oz. 79¢

Heinz White

65¢ VALUE 32-oz. BTLE. 49¢

CHIFFON SOFT

Yogurt 3 FOR 1 PINT

BERKELEY FARMS-CARNATION

Prices Effective Seven Full Days Through

Tuesday, November 6, 1979. No Sales To

Food Stamp Shoppers Are Welcome at PARK & SHOP!

We Reserve the Right to Limit Quantities

1850 SOLANO AVE. • BERKELEY • 2655 TELEGRAPH

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SPORTS

Times Journal, Wednesday, October 31, 1979—13

El Cerrito breaks through

By DAVE CHEIT

EL CERRITO — It was, shall we say, a loosely played ball game. But somebody had to win, and that somebody happened to be the El Cerrito Gauchos, and that was good enough for Gaucho coach Dennis Giuntini.

"We'll take it," he said after El Cerrito finally broke into the win column Friday night with a 26-14 win over Richmond, which left them both with one victory in eight outings this year. "At this point in the season, we'll take 'em any way we can."

The Gauchos got this one by going against an Oiler team whose only win was a 6-0 decision over De Anza, and which hasn't posed an offensive threat to any team it has played all year.

ATHLETE OF THE WEEK

Marilee Chamberlain

Junior Marilee Chamberlain, cited for her play in Albany High School's varsity volleyball victory over Encinal, was named Albany High School co-player of the week.

The daughter of Marilyn and Grant Chamberlain, Marilee also has participated in varsity track and softball, junior varsity basketball, flag girls, orchestra, choir and school musicals.

"Marilee is a dedicated, hard-working player," said volleyball coach Debbie Landes. "Her teammates and I can always count on her consistent play. Her main strength is her spiking."

Marilee, who likes to travel, camp and play the piano and violin, would like to go to college and major in recreational therapy.

Anthony Freeman

Senior Anthony Freeman, who played a key role in the Albany Cougars' 25-7 win over the Pacific Vikings, is the Albany High School Co-athlete of the week.

The son of Mr. and Mrs. Willie Freeman, Anthony carried the ball 12 times for 42 yards and performed well as a linebacker on defense.

"Anthony has been the leading over-all performer for the Cougars this year," assistant coach Phil Wanlin said. "His punting kept Pacific deep in their own territory. He also blocked a punt which Max Hoyle landed on for a touchdown and he led the defense in tackling."

Anthony plans to attend either the University of California at Davis, University of Pacific or Oregon State University to pursue a law career.

His hobbies include playing cards, disco dancing and talking to all the beautiful girls I meet."

They did an adequate job of containing the Oiler runningbacks, they put heavy pressure on Richmond quarterback David Saindon, they kept giving the ball to Todd Spencer until he finally broke a long TD run in the third quarter, and that was all they needed.

Between, they showed why it had taken them so long to win a game. Fumbles and blown pass coverage abounded all evening, culminating in a play that almost let the Oilers back into a game that they had no business winning.

With five minutes left in the game, El Cerrito went into pun formation. Robert Dabney took the snap, stepped forward to kick — and missed the ball. It bounced right into the hands of Oiler rusher Ellis Dozier, who took it 46 yards for a TD.

But Richmond failed to recover the ensuing onside kick, and El Cerrito managed to hang on for the win.

"We didn't play a very good game," admitted Richmond coach Frank Milo. "Our pass protection was about the worst it has been all year."

The Oilers apparently felt, as have most of the Gauchos' opponents this year, that to stop El Cerrito they had to key on Spencer. The strategy backfired on them in two ways, though — keying on Spencer allowed Gaucho quarterback Paul Morehouse to run 53 yards for a touchdown, and the sturdy senior did eventually get his breakaway despite the heavy coverage.

Spencer had only 30 yards at halftime, but his presence contributed heavily to the Gauchos' two first-half touchdowns. He got the first one with a two-yard dive over the middle, and a play-fake to him allowed Morehouse to squat through the line en route to the second one.

Morehouse's run came on a play called "belly option left," in which Spencer gets a fake and Morehouse takes the ball himself over left guard.

"We've run that play three times this year, and it's gone for a touchdown every time," Morehouse said. "Everybody keys on Todd, so they go for the fake. But my feet are pretty quick too."

They were indeed. Morehouse suddenly found himself in the Oiler secondary surrounded by El Cerrito blockers. He veered right and beat the defenders to the end zone easily.

Richmond scored in the second quarter on a fourth-down pass that somehow floated through two Gaucho defenders who may have been trying to decide who would intercept it. Instead, it was caught by Jessie Jones for 12-6.

El Cerrito pulled away in the third quarter when Spencer finally got to strut his stuff. He got a handoff on third and four from his 36, cut left, spun out of one tackle and danced out of another, headed right and was gone. He ended the evening with 152 yards.

The Gauchos scored again on the first play of the fourth quarter, capping a 76-yard drive that was kept alive by a roughing-the-punter penalty on the Oilers.



BILL BASSETT

New Fleet Manager
Time Chevrolet—525-4733

Are you considering a new car or truck for your business or personal use?

As new Fleet Manager, with a sincere interest in your local community, I'll give you the best deal you can find on 1980's or SUPER DEALS on any 1979's left in our stock. I want your fleet & credit union business!

SPECIAL FLEET PURCHASE

1980 1/2-TON STEPSIDE. PS, PB, radial tires, gauges, tinted glass, blue metallic paint, 6-cylinder, 3-speed. (2680).

Bring this ad into me, BILL BASSETT, purchase this truck for ONLY \$5364 plus tax & license and I'll give you your first tank of gas FREE."

ALSO taking orders on 3/4-ton trucks that run on regular gas AND wagons & trucks that run on diesel. Leasing also available.

Don't forget the name BILL BASSETT. The place TIME CHEVROLET in Albany. Easy to get to from anywhere in the Bay Area or just call me at 525-4733.



Anthony Freeman Marilee Chamberlain

Albany blanks Justin

ALBANY — If Justin High School was feeling a little complacent about its first place standing in the Superior California Athletic League, the Cougars learned a lesson or two Saturday.

They stepped up in class to meet Albany of the ACVA, and came away a 27-0 loser. The Cougars ran just 15 plays in the first half, but three of them were for touchdowns.

The Cougars dominated the game, plowing up a 190 lead in the first quarter and ending up with a total yardage edge of 347-162. Anthony Freeman ran for one touchdown and threw for another on a halfback pass as Albany raised its overall record to 6-2.

The other touchdowns were scored by Gary Williams, on a 71-yard pass from David Graskins, by Jay Rogers, on a 55-yard pass from Freeman, and by Alton Reese, on an 18-yard run. Freeman's touchdown run covered 52 yards.

FULLER & GAY

THEY PROMISED!

THEY DELIVERED!

FORCED BUSING—NEIGHBORHOOD SCHOOLS

FULLER AND GAY have led the fight against forced busing while racially balancing the schools through "freedom of choice." They have opposed the closing of 11 elementary schools as advocated by one board member. They know that savings cannot be accomplished by closing schools and forcing children to walk long distances to other schools.

TEST SCORES—FUNDAMENTAL EDUCATION

FULLER AND GAY have eliminated all social experimentation, for they believe schools exist to educate children. They have instituted curriculum changes that have kept RUSD student test scores at or above the national average for the past 10 years.

NO STRIKES

FULLER AND GAY have provided competitive salaries and working conditions for all employees. The RUSD is the only Bay Area metropolitan school district not to have had a strike in the past 10 years.

FISCAL RESPONSIBILITIES—BALANCED BUDGET

FULLER AND GAY are business executives. Their system of checks and balances have prevented embezzlement and thefts which have plagued neighboring school districts.

DISCIPLINARY MEASURES

FULLER AND GAY have provided firm and fair disciplinary procedures. Attack on a teacher means expulsion. Not one day of school has been lost during the past 10 years because of violence or student unrest.

SPECIAL EDUCATION

FULLER AND GAY have supported all types of needed special education for handicapped students. The RUSD has a national reputation for the quality of its special education programs.

THEY PROMISED—THEY DELIVERED!

REELECT

FULLER & GAY

NOV. 6
SCHOOL
BOARD

Committee to Reelect Fuller & Gay

Times Journal

THE ALBANY TIMES and THE EL CERRITO JOURNAL are now ONE!

Serving the communities of:

El Cerrito
Albany
Kensington
1,000 Oaks

22,200

Home Delivered Circulation.

You can now increase your sales opportunities by running your advertising in the weekly Wednesday issue of **THE TIMES JOURNAL**.

We offer 99% coverage of the local market you want to reach ... 22,200 households representing a potential of 66,000 customers!

PLEASE CALL
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for advertising rates and circulation information.

Your community newspaper the ...

An Adjudicated Newspaper

TIMES JOURNAL

1247 SOLANO AVENUE, ALBANY, CALIFORNIA

Oct. 79

SAFEWAY SALE!

Del Monte
FOODS

Catsup

Del Monte,
32 Ounces

69¢
Save
40¢ each

Green
Beans

Del Monte, 16 oz.

3 \$1
for
Save
38¢ on 3



Corn

Del Monte,
16 Ounces

3 \$1
for
Save
23¢ on 3



Tomato
Sauce

Del Monte, 15 oz.

3 \$1
for
Save
17¢ on 3



Cling
Peaches

Del Monte, 17 oz.

**2 FOR
89¢**
Save
21¢ on 2



Vegetables

Del Monte,
Green Beans,
Corn or Mixed
Vegetables,
8 Ounces

4 \$1
for
Save
16¢ on 4

Dill Halves
or Kosher Style,
Del Monte, 22 oz.

65¢
Save
32¢ each

Tomatoes
Stewed, Del
Monte, 16 oz.

3 \$1
for
Save
47¢ on 3

Pears
Del Monte,
29 Ounces

79¢
Save
10¢ each

Tomato Juice
Del Monte,
46 Ounces

59¢
Save
12¢ each

Fruit Drinks

Del Monte, Orange-Pineapple, Pineapple-Grapefruit or Pineapple-Pink Grapefruit, 46 Ounces

49¢
Save
14¢ each

Peaches

Cling or Fruit Cocktail,
Del Monte, 8.75 Ounces

3 \$1
for
Save
29¢ on 3

Spinach

Del Monte,
15 Ounces

3 \$1
for
Save
7¢ on 2

Whole Tomatoes

Del Monte,
16 Ounces

89¢
Save
12¢ each

MORE GROCERY SPECIALS!

Large AA Eggs

Lucerne, Dozen

77¢

Pepsi

6-16 oz. Bottles
(Plus Deposit)

\$1.09

Mazola

Margarine,
1 Pound

73¢

Brawny

Paper
Towels,
Roll

58¢

Bread

Mrs. Wright's, Butter-
milk, 1 1/2 lb. Loaf

2 \$1

Ice Cream

Lucerne, Including Reward
of the Month, Chocolate
Pecan Delight, Half Gallon

\$1.45

Save
14¢ each

VARIETY SAVINGS!

Vicks

VapoRub,
3 Ounces

\$1.69

Save
70¢ each

Listerine

Mouthwash,
32 Ounces

\$1.99

Maalox

Antacid,
26 Ounces

\$2.89

Vicks NyQuil

6 Ounces

\$1.79

Breck Shampoo

15 Ounces

\$1.79

Noxzema

Skin Cream, 20¢ off label, 6 oz.

\$1.09

Polaroid SX-70

Land Film, Twin Pack

\$10.99

Xmas Cards

Box, 25 Count

\$1.99

Quaker State

Motor Oil, 10-40 Weight, Quart

70¢

LIQUOR, BEER & WINE SALE!

Budweiser

Bier 12-
12 oz. Cans

\$3.39

Gilbey's Vodka

80 Proof, Quart
(Case of 12, \$45.48)

\$3.79

Gallo Wine

Hearty Burgundy, Pink
Chablis, Chablis Blanc, Rhine
or Red Rose
1.5 Liter
(Case of 6, \$15.00)

2 for \$5

Sebastiani

Chianti Blanc, Green Hun-
garian or Zinfandel, 750 ml
(Case of 12, \$32.28)

\$2.69

Senorita

Tequila, 80 Proof, 750 ml
(Case of 12, \$37.80)

\$3.15

Dos Equis

Mexican Beer, 6-12 oz
Bottles
(Case of 14, \$10.76)

\$2.69

Del Monte Hawaiian

Pineapple

Save
30¢ each

Large 4 to
5 Pound
Size

ea. 89¢

Save
10¢ each

Anjou Pears

U.S. No. 1,
Northwest Grown

lb. 39¢

Save
10¢ each

Bok Choy

and Napa Cabbage

Great for Oriental
Dishes

lb. 29¢

Danish Squash

Northwest
Grown

lb. 19¢

Save
20¢ each

Broccoli

Fresh

bu. 48¢

Artichoke Hearts

Cara Mia,

Marinated

6 oz. jar 79¢

Pitted Prunes

Del

Monte

24 oz. bag 199¢

SEAFOOD SPECIALS!

Pacific Red Snapper

Frozen Fresh Thawed

\$1.38

Large Crab Clusters

Frozen Fresh Thawed

\$2.49

Fantail Shrimp

Breaded, Scotch Buy, Frozen

\$5.99

Sole Fillets

Captain's Choice, Frozen

\$2.49

Fish Sticks

Precooked, Captain's
Choice, Untrimmed

\$1.29

U.S.D.A. Choice Grade Beef

Buy BEEF
IN BULK
AND SAVE!

\$1.98

lb.

SAFEWAY FLOWER SHOW

CROTONS

Beautiful Tropical Plant
with Bright Autumn Colors

\$3.98

1st Pot

2 \$1

2nd Pot

2 bunches

Straw Flowers, Colorful Dried
Flowers for the Touch of Fall

SAFEWAY

U.S.D.A. CHOICE LAMB FAVORITES!

Small Loin Lamb Chops

Save 42¢ lb.

\$3.37

Rib Lamb Chops

Save 22¢ lb.

\$2.97

Sirloin Lamb Chops

Save 50¢ lb.

\$2.10

Lamb Shoulder Roast

Save 21¢ lb.

\$2.77

Lamb Round Bone Chops

Save 21¢ lb.

\$2.47

Lamb Shoulder Blade Chops

Save 32¢ lb.

\$2.47

Whole Beef Round Tips

Save 32¢ lb.

\$1.48

Pork Loin

Save 30¢ lb.

49¢

Foster Farms

Baking Hens

Great for
Stewing or Soups

Save 30¢ lb.

49¢

SPLIT FRYERS

Manor House

Great for the
BBQ

Save 10¢ lb.

59¢

HICKORY SMOKED

Picnics

Water Added
(Sliced lb.,
89¢)

79¢

How About A STEW Tonight
YOUR CHOICE

Carrots

Northwest
Save 1¢ lb.

5

Rutabagas

Northwest
Save 1¢ lb.

1

Turnips

Northwest
Save 1¢ lb.

5

Yellow Onions

U.S. No. 1

1

Red Potatoes

U.S. No. 1

1

SAFEWAY FLOWER SHOW

CROTONS

Beautiful Tropical Plant
with Bright Autumn Colors

\$3.98

1st Pot

2 \$1

Straw Flowers, Colorful Dried
Flowers for the Touch of Fall

POLICE BEAT

Erik Madden, 36, of 2307 108th Ave., Oakland, was arrested last Friday by Albany Police for possession of a loaded weapon, a 13-inch leather blackjack, and is held on \$5,000 bail. He was arraigned on Friday in Albany Municipal Court.

Charles Frank Verdin Jr., of 1115 Garfield, Albany, was arrested on Friday, Oct. 19, for causing injury in a accident while intoxicated. Two juveniles in the other vehicle reportedly suffered minor injuries in the accident at Taco Bell on San Pablo Avenue in Albany. Verdin faced arraignment last Monday in Berkeley-Albany Municipal Court.

John Goree, 900 block of Taylor, Albany, reported the theft of a stereo and speakers Oct. 24.

Mark Sloan, 200 block of Wilson, Albany, reported the theft of a bike worth \$180 on Monday, Oct. 22.

Edward Mozley, 1100 block of 6th St., Albany, re-

ported the theft of a motorcross-style bike on Sunday, Oct. 21.

A juvenile was involved in a strongarm theft of his Schwinn 10-speed bike on the 900 block of Adams, Albany, on Oct. 24.

Officer Ron Boak, an El Cerrito policeman since December of 1975, is home nursing possible disc damage and back spasms caused when he fell in pursuit of a man suspiciously hanging around a meat truck. The incident occurred Oct. 24 around 3 a.m. near St. Jerome's Church on San Carlos.

Janice Brooks, 26, of 923 Drake, Marin City, was arrested by Marin County Sheriff's deputies on Tuesday, Oct. 23, for a credit card forgery that occurred on Oct. 4, 1978, at Smith's in the El Cerrito Plaza. Brooks reportedly purchased \$137.39 worth of clothes. She is being held on \$4,000 bail and will state her plea in Bay Municipal Court today.

Victor Paolini, 2800 block of Tulear, El Cerrito, reported a battery was taken from his 1968 Chevrolet on Sunday, Oct. 21.

A mobile home belonging to Sterling Saunders of Concord was burglarized of a \$125 AM-FM stereo when it was parked at Ramsey's Camperland, 11900 block of San Pablo, El Cerrito. The incident occurred Oct. 24.

Mattia Castiglione, 3300 block of Belmont, El Cerrito, reported the theft of \$109 in cash on Thursday, Oct. 18.

Rex Paul, 500 block of Kearney, El Cerrito, reported the theft of a Spectrosonic stereo, Polaroid camera and record albums worth \$25 on Saturday, Oct. 20.

A juvenile was arrested by El Cerrito police Oct. 24 for the burglary of a stereo belonging to Pamela Shimizu, 3200 block of San Pablo, El Cerrito, Oct. 24.

Two batteries were stolen from Grand Auto Supply, 9900 block of San Pablo, El Cerrito, Oct. 24.

Terrance Fisher of Richmond reported the theft of his brown Schwinn 10-speed bike from Golden Gate Lanes in El Cerrito on Friday, Oct. 19.

ELECT MARKSTEIN BANK DIRECTOR

Adolph A. Markstein has been elected to the Board of Directors of the Mechanics Bank. It was announced recently by Board Chairman, Francis A. Watson.

Markstein, a life-long resident of the Bay Area, is Chairman of the Board of the Markstein Beverage Companies located in Sacramento and Oakland.

The Markstein family's involvement in the beer business began three generations ago in Albany where Markstein's father sold and delivered beer out of a horse drawn wagon. The newly elected Director's sons, Richard, Steve and Kenneth are active in the two distributorships.



Adolph Markstein

FOOD BOWL

2 STORES

SAN PABLO
1835 Rumrill Blvd.

EL CERRITO
11757 San Pablo Ave.
(Next to Pancake House)

STORE HOURS:
DAILY: San Pablo & El Cerrito, Mon. thru Sat. 9 a.m.-8 p.m.
SUNDAYS: San Pablo 9-6; El Cerrito 9-7 p.m.

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THRU NOV. 5



LARGE EGGS ORANGE JUICE ICE CREAM CRISCO OIL

GREEN BEANS
CREAM CORN
KERNEL CORN
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MUFFIN MIX
SWEET PEAS
PUMPKIN

West Pac Cut or
Sticks 303 Dozen
West Pac
303 Tin
West Pac
303 Tin
Duncan Hines Double
Fudge 153 oz.
Duncan Hines,
Blueberry

3 for \$1 COTTAGE CHEESE
3 for \$1 PANCAKE SYRUP
3 for \$1 LITE LINE CHEESE
89¢ GRATED CHEESE
89¢ BEEF STEW
2 for 79¢ BEEF TAMALES
45¢ CLOVER HONEY

Carnation
Pint Tub
Lady's Choice
Half Gal.
Borden's
12-oz. Pkg.
Borden's Parmesan,
Farm & Romano
6-oz.
Hormel
15-oz. Tin
Hormel Hot or
Regular 15-oz.
Mountain Valley
2-lb. Jar

75¢ VANISH CRYSTALS
\$189 VANISH SOLIDS
\$1.39 WINDEX WINDOW
\$1.59 REYNOLDS FOIL
79¢ CAT FOOD
55¢ FRENCH FRIES
\$1.99 TATER TOTS



Bowl Cleaner
48-oz.
9-oz.
Cleanser
12-oz. Pump
Standard
Bowl
Fridges
6½-oz. Pkts
Carnation Reg. or
Crinkle 32-oz.
Carnation
32-oz.

99¢
89¢
69¢
39¢
4 for \$1
89¢
89¢

ANOTHER FOOD BOWL SUPER SPECIAL

COFFEE
FOLGER'S \$8.99
3-lb.
Tin

ANOTHER FOOD BOWL SUPER SPECIAL

CAKE MIX
DUNCAN HINES
All Layer Varieties
69¢

ANOTHER FOOD BOWL SUPER SPECIAL

DETERGENT
WHITE KING
"D"
42-oz. Ctn.
89¢

ANOTHER FOOD BOWL SUPER SPECIAL

CHEESE
BORDEN'S \$1.29
American
Singles
12-oz. Pkg.

ANOTHER FOOD BOWL SUPER SPECIAL

CHICKEN
FRIED BANQUET
2-lb. Box
\$1.99

ANOTHER FOOD BOWL SUPER SPECIAL

SUGAR
C&H
5-lb. Bag
\$1.19



PEANUT BUTTER
CHILI w/BEANS
Soup Starters
Dressings
FISH STICKS
PEPSI-COLA
INST. NOODLES

Polar Pac
18-oz. Jar
Hormel
Hot or Regular
15-oz. Tin

99¢
59¢
99¢
99¢
\$1.79
3 for \$1
4 for \$1

Seven Seas
Italian 16-oz.
(Green Goddess 1.19)
Gerber's
Crunchy 12-oz.
32-oz. Return
Bottle
Super Noodle
3-oz. Pkg.

99¢
59¢
99¢
99¢
\$1.79
32-oz.
Size
\$1.19

IVORY
LIQUID
DETERGENT
32-oz.
\$1.19

FOOD BOWL FARM-FRESH PRODUCE
ICEBERG LARGE HEADS
LETUCE 3 FOR 99¢
TOMATOES
AVOCADOS
BROCCOLI
POTATOES
4 lbs. 99¢
FLORIDA Large Thick
each 59¢
Fresh Thick
Bunches 65¢
20 lbs. \$1.59
CELERY Fresh Clean
each 39¢
ROME APPLES Delicious
Red Beauty 3 lbs. 99¢
D'ANJOU PEARS Delicious
Juicy lb. 39¢
GRAPEFRUIT PINK Large
Indian River 3 for 89¢

FOOD BOWL MEAT SPECIAL

FRYERS

FRESH
WHOLE
BODY
45¢
lb.

Foster Farms Whole Body Fryers ... lb. 55¢

FOOD BOWL MEAT SPECIAL

JENNIE-O BRAND
TURKEYS

TOMS 69¢
lb.

SLICED BACON
LUNCH MEATS
MEAT FRANKS
HAM PATTIES
DRUMSTICKS

Debtone
1-lb. Pkg.
Debtone Bologna,
Salami, Spiced,
12-oz. Pkg.
Debtone
12-oz. Pkg.
Debtone
10 Patties
20-oz. Pkg.
Turkey
\$1.19
\$1.29
99¢
\$1.99
49¢

ROUND STEAK
CHUCK ROAST
BEEF STEW
X-RIB ROAST
PORK ROAST
RIB STEAK
PORK CHOPS
PORK ROAST

Beefless
End Cut
\$1.99
Beef
Blade Cut
\$1.09
W.H. Gently
Gried
\$1.89
Beef
Blade
\$1.89
Fresh
Picnic
\$1.89
Beef
Loin
Large End
\$1.99
Center
Cut
\$1.79
Shoulder
Blade
\$1.19

BREASTS
OR THIGHS
FOSTER
FARMS

\$1.19
lb. 99¢

Drumsticks
lb. 99¢

Alta Bates offers variety of health care programs

Need a referral to a local clinic or physician? Want to learn more about health and health care? Need a place to take the kids that's fun as well as educational?

Alta Bates Hospital, 3001 Colby Street at Ashby in Berkeley, offers these services and more.

Check the following for upcoming programs or call the public relations department at 845-7110, extension 2555 for details.

ABA Health Care Seminars—Free programs are presented the fourth Thursday of the month at noon in the Alta Bates Auditorium. Because seating is limited, reservations are necessary. A buffet lunch is available for \$2.50. Coming programs: Nov. 15, Genetics and DNA; Jan. 24, Oncology and Cancer Treatment. For reservations call the Alta Bates Foundation at 845-7110, extension 2417.

Exercise Fitness and Coronary Prevention Program—A two-part testing and evaluation program for individuals between 18 and 65, without a history of

heart disease, designed to provide counseling in exercise and diet to reduce the risk of heart disease.

Exercise Class at Hearst North Field—Open to graduates of the Exercise, Fitness and Coronary Prevention Program, providing one hour of warm-ups and jogging Tuesdays and Thursdays, 7-8 a.m. Cost: \$50 for 27 weeks.

Hall of Health—A "hands on" health education exhibit filled with films, games and health information for children and adults. Located on the main floor. Regent Street entrance, the Hall of Health is open free of charge Monday through Friday from 10 until 3 p.m., Sunday from 1 until 4 p.m. Groups of 10 or more are asked to make reservations.

Marathon Training Clinic—A 7-month program starting in January for runners interested in training for the July 1980 San Francisco Marathon or seeking guidance in serious running. The classes meet the second Saturday of each month and include lectures by experienced marathoners as well as practice runs. Cost: \$75.

Maternity Programs—Alta Bates offers a seven-part weekly lecture series several times a year for expectant parents on Tuesday evenings, 7-10 p.m.

the Alta Bates Auditorium. Other courses include Bradley or La Maze Birth Preparation Training, a Pre-Natal Exercise Program starting in January, and orientation courses for parents anticipating delivery by cesarean section or use of the Alternative Birth Center.

Health Referral Center—Provides telephone assistance to people seeking information about and referrals to health care services in Alameda and Contra

Costa Counties. Referrals to physicians, as well as 548-5251 between 9 and 5 p.m., Monday through Friday.

Speakers Bureau—Does your organization need a speaker? Over 30 speakers are available for brief talks on a variety of health topics. Call or more in advance to schedule.

Tel-Med—Call 548-6800 for a brief taped message on one of 270 medical and health topics. Sponsored by the Alta Bates Volunteer Association, Tel-Med is available Monday through Friday, 10-3 p.m. and 5-6 p.m.

PUBLIC NOTICE PUBLIC NOTICE

ORDINANCE NO. 79-89
AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLE I OF CHAPTER 10 OF THE ALBANY CITY CODE, RELATING TO THE ELECTRICAL CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any electrical work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Electrical fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Branch circuits and feeders:

Units only of not more than one thousand (1,000) estimated capacity for lighting power, telephone, service poles, and for which fees are not herein specifically prescribed:

units only of more than 1,000 watts after:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-90

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-91

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-92

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-93

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-94

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-95

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-96

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-97

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-98

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

For issuing each permit:

For issuing each supplemental permit:

Structural:

Electrical:

Mechanical:

Other:

Minimum charge:

After combined with building permit only:

Section 2. This ordinance shall be published once in the Albany Times, a newspaper of general circulation within the City of Albany, which said newspaper is designated for that purpose, and shall become effective on and after the passage date and shall remain in force.

WITNESS WHEREOF, I have hereunto set my hand and affixed the seal of the City of Albany this 23rd day of October, 1979.

ROBERT E. LUOMA
Mayor of the City of Albany

ORDINANCE NO. 79-99

AN ORDINANCE OF THE CITY OF ALBANY AMENDING ARTICLES I OF CHAPTER 10 OF THE ALBANY CITY CODE RELATING TO THE BUILDING CODE.

THE COUNCIL OF THE CITY OF ALBANY DOES ORDAIN AS FOLLOWS:

Section 1. That Section 10-10 is hereby amended to read as follows:

Before any permit for any building, structural, electrical, mechanical, or other work in the City of Albany may be issued the person(s) applying for such permit shall pay a filing fee plus inspection fee(s).

Building fees for dwelling units may be computed at Three Dollars (\$3.00) per one hundred (100) square feet including all interior floor areas at the discretion of the Building Official.

Two UC-Berkeley professors given highest faculty honor

BERKELEY — A professor who probes the mystery of how enzymes work and another who captures the spirit of freedom in poetry have been named Faculty Research Lecturers for 1979-80 at UC-Berkeley.

Daniel Koshland Jr. of biochemistry, a world authority on enzyme and protein structure, and Czeslaw Milosz, a Slavic languages and literature, regarded as the most eminent contemporary poet in the Polish language, were confirmed in the appointments by Berkeley's Academic Senate — the highest honor the faculty can award its members.

The professors will each give a free public lecture on their research during the current academic year.

Koshland's discoveries have moved the world closer to understanding the regulators that control metabolism in living systems and hastened the time when enzymes

can be created for medical purposes.

His explorations into the tremendous catalytic power of enzymes point toward the possibility of designing special catalysts (or chemical "triggers") that could duplicate greater speed and efficiency in chemical processes.

Now 59, Koshland is a native of New York City, a graduate of Berkeley and earned a Ph.D. from the University of Chicago. He served 14 years as biochemist at the Brookhaven National Laboratory and teaching affiliate at the Rockefeller Institute before joining the Berkeley faculty in 1965.

He is a member of the National Academy of Sciences and has served as chairman of the biological chemistry division of the American Chemical Society and president of the American Society of Biological Chemists.

Milosz is a poet, novelist and literary historian who

views poetry as the "consciousness of an epoch." His writing has added greatly to that consciousness as it mirrors the changes wrought during the last half century in his homeland and in Europe.

His autobiographical *Native Realm* explores the period of wars and revolutions he lived through in Lithuania, Russia, Poland and France. The novel, *Valley of the Issa*, is dedicated to the village life in his native Lithuania.

The *Captive Mind* is considered a classic analysis of Communist ideology and its impact on the writers of Eastern Europe.

During the war, in Nazi-occupied Warsaw, Milosz edited an anthology of underground poetry. At the same time, hand-written copies of his poems were circulated and read at clandestine gatherings.

His volume of collected poems, one of the first books published in post-war Poland, has influenced modern Polish literary trends and is highly valued by the young generation. Translated into English and published in America under the title, *Selected Poems: Belli in Winter*, poems from it appear in several anthologies.

Primarily a poet, Milosz has remained faithful to his mother tongue throughout the decades of his exile. He has translated Polish poetry into English and translated into Polish from several languages, including Greek and Hebrew. His recent works include a new version of the Book of Psalms.

For a few years after World War II, he took part in the literary life of the People's Republic of Poland, serving its government as a diplomat abroad.

Business women's seminars

A Business Women's Week conference will be held Nov. 5, 6, and 7 at Kaiser Auditorium, Oakland, 5:30 to 7:30 p.m. nightly. The seminars are aimed at assisting working, professional, and self-employed women with problems of money and inflation.

A three woman panel will open the conference Monday night with a discussion on budgeting, borrowing, and investing. "Keeping More of What You Earn" is the topic Tuesday for single and married people who find taxes and inflation make earning money easier keeping it.

The final seminar Nov. 7, "A Closer Look at Real Estate," covers how to select and finance residential properties, how to qualify for a home mortgage, where to look for financing, and how to use present equity. Real estate investments, group investing, and limited partnerships also will be discussed.

Speakers include Dorothy Farnam and Sharon McCullough, assistant vice presidents with Crocker Bank; Patricia Connolly, Crocker retail banking officer; Pat Theophilos, loan officer; and Terry O'Neill and Judith Works, account executives from Equitec Financial Group.

Crocker's Personal Financial Centers and Equitec are cosponsors of the conference. For more information, call 777-4100.

PUBLIC NOTICE

PUBLIC NOTICE
The report on the uses of Federal Revenue Sharing and Anti-recession funds for fiscal year 1978-1979 has been submitted as required by ORS regulation 51.12 and the City of Alameda. The report and its supporting documentation is available for public inspection at City Hall Finance Department, 1000 San Pablo Avenue, Alameda, between 8:30 AM and 5:00 weekdays.

1979-October 31, 1979

NOTICE TO CREDITORS

1979-October 31, 1979
NOTICE TO CREDITORS
A FOR THE COUNTY
ALAMEDA

of

VINCENT CIOFFI

Deceased.
NOTICE IS HEREBY GIVEN to the executors of the above named decedent that all persons having claims against the said decedent are referred to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to the attorney for the decedent, or to the undersigned at the offices of JACK C. RUNNION, Attorney at Law, Professional Law Corporation, Professional Building, Suite 125, El Cerrito Plaza, El Cerrito, California 94530 which is the place of residence of the decedent, in all matters pertaining to the estate of the decedent, within four months from the first publication of this notice.

October 25, 1979.

JACK C. RUNNION

DARWIN CIOFFI

Executor of the Will of the above named decedent

or

Runnion

The gay lifestyle: Conformity is the name of the game

By JACK PEARSON

Perhaps I should find some solace in being included within the ranks of a minority, a status that has become somewhat fashionable. Solace might come easier if my minority status were of an ethnic, political, racial, or religious nature. I am linked to a group of people for no reason other than a shared sexual orientation.

Some people might be surprised to learn that there are homosexuals who do not wish to be identified with the gay community as a whole. We are not trying to portray ourselves as heterosexual or even as more acceptable to heterosexuals, but we do not share the values and tastes that typify the gay lifestyle.

Having acknowledged my own sexual orientation at the age of 14, I have had 21 years to acquaint myself with the world of gays from the inside. I have learned that social success in the gay world requires unchallenged conformity. From the trendy vernacular to dress codes, to sexual behavior, conformity is the name of the game.

The fact that I am sexually fulfilled by one person seems totally alien to most of my gay friends. Because I am not "ready and willing" to participate in the gay parade of changing sex partners, I confess to being out of

step. I have outgrown the gay bar scene, the baths, "cruising" the streets in tight jeans. I am not a prude. I just happened to have grown up.

Some years back, I became sadly aware of a large number of unhappy, middle-aged homosexuals who shared their lonely lives with only a handful of gay acquaintances. Their earlier years had been spent pursuing sex and superficiality. Substance had escaped them and they had turned into despondent older men for whom "gay" would be the classical misnomer.

While still a teenager I learned the ins and outs of the relentless pursuit of gay sex. The pressing of young gay flesh is quite popular sport, as I learned in numerous places, private and public, from choir loft to the back row of the local movie theater. Sexual exploits of an "at random" nature are not only expected in the gay lifestyle, but are often used as criteria for measuring social success. Comparable behavior among straights would hardly be considered the basis of a solid reputation. A surprisingly small portion of the urban gay community strives for the kind of fidelity that even gays expect of heterosexual relationships.

The Anita Bryant's, though abhorrent to those opposed to intolerance and prejudice, have touched on some uncomfortable truths. The most obvious is that straights and most unacknowledged by gay people is to

we generally expect and require a different moral code for our heterosexual counterparts.

Courtless times in my youth I was invited to enter into a "lover" relationship, sometimes by those who had known me for a matter of days, and at other times by someone who already had a lover at home. The swinging singles and mate-swappers of today's straight society account for but a small percentage of the populace. Yet in the gay subculture, a comparably relaxed moral code is the rule rather than the exception.

Until gays require adherence to the same moral code for themselves as for non-gays, people such as Anita Bryant will yield at least one sickle of truth, and will use it with a zeal that will never permit total recognition and acceptance by society. We gays expect straight society to exercise some control over its sexual appetite while we permit our own sexual desires to determine the type of lifestyle we lead, usually one that is promiscuous and self-serving. This is one homosexual's admission that double standards born in the gay lifestyle are a more serious obstacle than any oppression or intolerance from without.

I am also a homosexual who says that it is a classical cop-out for homosexuals to portray themselves as an oppressed minority. Gays have, in fact, played a far greater role in separating ourselves from the remainder of society than the would-be oppressors. Living in a state of "gaysness" is as preposterous as it would be for heterosexuals to live for the sake of being "straight."

The basis for the minority status of gays is best described as counterfeit.

The idea that homosexuals are greatly confined and limited by the rest of society is often the result of separatist gay attitudes. I know many gay men and women who go far overboard in their support of strictly gay businesses and organizations. Some will patronize a restaurant because it is a "gay" restaurant despite the inferiority of its food and service at comparatively higher prices. To me, the notion that where one eats, shops or goes for entertainment should be determined by his sexuality is ludicrous.

Many gays are certain that the answer to our social

ills lies in educating the public. Gay rights leaders should question themselves as to how well educated they are the straight public to be. Should we tell them of the paralleled incidence of social diseases among us? Should we tell them of a casual acceptance of property by gays that would leave many "liberated" straights breathless? Such a forthright presentation well alienate many straights presently in the camp of tolerant neutrality.

Until the scope of gay lifestyles broadens and vision clears, I cannot be very excited about all the being done to achieve social acceptance of gays, only wish to be counted out of it.

Jack Pearson is a freelance writer based in Chicago who wrote this piece for the Pacific News Service.

Changes in Social Security

By JACK PEARSON

WASHINGTON (AP) — suggests they be made. The Advisory Council on March and September Social Security is recommending that half the system's benefits — now entirely tax-free — be subject to lagging adjustments.

On the tax program, which recommends changes in the Social Security system to Congress every four years, also suggests that cost of living adjustments in the payments be made twice a year when the Consumer Price Index rises at least 3 percent in six months.

Cost of living increases now are passed on once a year in July. The panel

White Cane bowling ball goes to Fred Harvey

Fred Harvey, a member of the Golden Gate Lanes 865 Mixed Classic, won the Lions Club White Cane bowling ball, donated by Golden Gate Lanes in El Cerrito. The White Cane drive netted over \$600 which will go to the Contra Costa blind fund.

SENIOR LEAGUE — Chuck Van Pelt, 221-611; Joe Fueger, 207-204-608; Elmer Gibbons, 198-357; Jack Thurbon, 204-543; Tom Haskins, 204-543; SUNDOWNER — Darrell Perry, 232-244-177; David Escobar, 211-585; LILLIAN — Jimmie Sue, 237-593; Gary Mon, 200-205-592; Byron Izumi, 211-590; Jane Nagashita, 198-565; LILLIAN — Jimmie Sue, 237-593; 191-534; Robin Sumimoto, 194-542; Theresa Ono, 179-516.

CERRITO CITY STAFF — Guy Schreyer, 204-546; Tom Haskins, 198-565; Shirley, 212-194; Anna Wiesner, 195-532; Shirley, 212-194; Shirley, 198-565.

STAUFFER CHEMICAL — Ray Turner, 252-156-206-614; Bert Wade, 210-376; Helmut Koenig, 204-543; Shirley, 212-194.

GUYS AND DOLLS — Bob Jackson, 230-511; Larry Simpson, 228-603; Shirley, 212-194; Shirley, 198-565; Shirley, 212-194; Shirley, 198-565; Shirley, 212-194; Shirley, 198-565.

RENO FUN FOURS — Frank Spicci, 211-200-543; Shirley, 198-565; Shirley, 212-194; Shirley, 198-565.

WHITE CLOUDS — Shirley, 212-194; Shirley, 198-565.

CASH AND CHIPS — Vilma Ramirez, 202-214; Nita Green, 181-504; Joyce Pearce, 198-496.

TEQUILA — M. TRIO — Asta Topaz, 212-243-545; F. Liske, 202-539; Jan Drey, 176-503.

WHITE CLOUDS — Eric Showers, 202-206; 191-548; Andy Fujimoto, 204-545; Loren Te Ballard, 208-535; Ron Maehler, 177-512; Preston Thompson, 212-509.

WHITE CLOUDS — Shirley, 212-194; Shirley, 182-506; Kitten Winter, 187-516; Nita Kavugh, 198-565.

WHITE CLOUDS — Shirley, 212-194; Shirley, 182-506; Shirley, 198-565.

WHITE CLOUDS — Shirley, 212-194; Shirley, 198-565.



Julie and Al Coffron

'It's plantin' time,' says the data base

LOUISVILLE, Ky. (AP) — When to plant, when to reap, what crops to grow, which animals to raise, when the rains will come, when the sun will shine.

Like some computerized Farmer's Almanac, the "green thumb box" will soon be providing selected Kentucky farmers with the sort of information they have had to glean from newspapers and the 5 a.m. crop reports on the radio.

Early next year, 200 farmers will get their green thumb boxes, small 12-key computer terminals linking their television sets to a high-speed information system.

With the spin of a telephone dial and the touch of a button, the terminals will provide farmers with market prices, crop reports, weather forecasts and other information vital to farming.

"Information is always old," said project director Dr. John Ragland of the University of Kentucky. "For some purposes, old is two or three years, and for others, 10 minutes is old."

But the green thumb box will get "much closer to 'real time' information," with market prices updated every 15 minutes and the most current weather data, Ragland said.

"Beyond that, there will be a great array of production recommendations on

varieties to plant, rates and dates, fertilizers, topics they should consider ... sort of an endless array of those things that are farm-or-home-related."

The information, originating in Washington and supplemented on the state level, will be transmitted through a databank located in the farmers' county agricultural extension offices. Eventually, county agents will be able to include notices of local meetings or other information not available on the state or national level.

Ragland acknowledged that some of the information will duplicate data already available in local broadcasts or newspapers. "A lot of things are not of general enough interest to the public that they appear in those two media," he said. "But they are of interest to someone trying to do a job in their home or on their farm."

The project, financed by \$200,000 from the U.S. Department of Agriculture and \$100,000 from the National Weather Service, will get a 14-to-15-month test in Shelby and Todd counties in central and southwestern Kentucky.

Most farm income in Shelby County comes from tobacco and dairy operations; Todd County farmers primarily grow grain. Committees of local farmers in each county will select their peers who get the green thumb boxes. Applications are still coming in. "We'll try to get a mixture of farmers with assorted crops, farm sizes and ages" so we could test it, Ragland said.

Construction drop is seen

WASHINGTON, D.C. — Construction contracts in 1980 will total \$169.5 billion, 2 percent more than this year's anticipated level of \$165.5 billion. But after accounting for the impact of inflation, the actual volume of next year's construction will be down by 8 percent, it was announced last week by McGraw-Hill Information Systems Company at a major conference for business executives. A leading authority on the construction market, the firm is known for its Dodge Reports on construction activity and Sweet's Catalog Files of building product information.

The forecast of the 1980 construction market was presented to over 600 executives attending the annual Building Products Executives Conference at the Capital Hilton by George A. Christie, the company's vice president and chief economist.

He told the specially invited audience, "On the surface, you couldn't find much evidence of recession in the construction industry in the fall of 1979. But in the 1979 months that still remain, all the risk is on the downside. The strong measures taken to restrain inflation have created an environment for the construction market that is becoming increasingly hostile on all fronts."

Buses for disabled get federal grant

OAKLAND — The Metropolitan Transportation Commission has approved a federal grant of \$1.5 million to help AC Transit purchase 175 new buses that will be accessible to handicapped persons.

AC Transit spokesman Michael Mills said the grant from the Urban Mass Transportation Administration will help meet the \$22.3 million price tag for the buses, which have been ordered and are due to be delivered next spring.

Mills said 155 of the buses would be 40 feet long and the remaining 20 would be 35 feet long. All will have lifts near the front entrance to accommodate the handicapped, he said.

Most of the buses will serve as additions to the existing fleet, while others will replace older buses, he said.

In another matter, Mills said the BART labor dispute has strained the finances of the bus system. Drivers have required increased overtime pay and buses have needed more maintenance work, he said.

Before the BART shutdown Aug. 31, AC Transit carried about 40,000 passengers a day across the Bay Bridge, Mills said.

Since the shutdown, coaches have been making up to 100 extra trips a day during peak commute hours, bringing the trans-bay passenger count to 75,000 a day, he said.

BART's limited service has not reduced the number of passengers to San Francisco, Mills said.

Mills said AC Transit has not calculated how much money has been lost during the BART dispute. He said the transit district had no specific plan at this time to ask the Metropolitan Transportation Commission for a portion of the sales tax revenues usually earmarked for BART's use.

Mira Vista golf pals enjoy friendly rivalry

By JERRY GANDY

Al Coffron attributes steady play by his wife, Julie, and two years of good natured ribbing by Jim Smith for the presence of the Mira Vista Golf and Country Club Mr. and Mrs. Tournament championship trophy in his Kensington home.

The Smiths won the trophy the previous two years with the Coffrons finishing second.

"Whenever I'd go over to Jim's house," laughed Coffron, "he'd have the trophy waiting for me on the front porch. I wanted to win so badly this time that I just got off my butt and put everything together."

Thirty-five couples participated in last week's event as Jess and Jo Kelly finished second and the Smiths took third place.

"My wife was a gunner," Smith commented. "She usually shoots from 98, but scored a 92 on both days of the tournament. I didn't play too good the first day with an 81, but I had everything going in the second round and shot a 74."

Coffron, who took up the sport 35 years ago in Memphis, usually scores from 76 to 83.

The American Airlines flight engineer was in a crew with the Tennessee state champion when he lived in Memphis.

"He had a chance to go on the tour in 1951, but golf wasn't the big money sport it is now," Coffron recalled. "He kept after me to take up golf and finally gave me a set of sticks. That's how I got started in this funny sport."

Because of his flight schedule Coffron hasn't been able to enter the men's championship event since joining Mira

Vista in 1972, so he set his sights on the Mr. and Mrs. tourney.

"Now I'll rub it in to Jim for a year," he laughed.

Coffron usually plays his home course twice a week and joins his crew in playing elsewhere once or twice a month.

His best score at par-71 Mira Vista has been a 67. "That was in 1976," he said. "I saved that card. I had five birdies."

Although the 56-year-old golfer has been playing a long time, it has been only a few years that he "has been working like the devil" to improve his game.

"It was hard to devote time to golf while my four sons were growing up," he elaborated. "I tried taking them out on the course, but they weren't too serious about the game. Whenever they'd spot a girl across the fairway, they'd drive a ball over there."

His favorite course is Mira Vista. "It's one of the best courses I've played," he emphasized. "Each course has characteristics of its own. Mira Vista has a lot of challenging holes. If you try to gamble, it will bite you. Another thing I like about Mira Vista is all the wonderful people who play there."

The Coffrons spent a month in Scotland, playing several courses, and a round at fabled St. Andrews is a treasured memory.

"It was a wonderful feeling," he observed. "It was like going back in time to play where this goofy game started. I have affairs with golf courses. They have personalities of their own. Sometimes you beat them; sometimes they beat you."

Guide to finding energy-efficient homes

In sharp contrast to just a few years ago, the cost of energy in both new and previously-owned homes has become a serious financial burden for most Americans.

But homebuyers are not defenseless. There are many ways this burden can be controlled. One of the simplest and most effective is to determine the energy efficiency of the home before it is bought.

A new government publication is now available to help potential homebuyers do just that, helping them to make intelligent purchase decisions that will be both immediate and lasting savings.

Sponsored jointly by the U.S. Department of Energy and the U.S. Department of Urban Development and the U.S. Department of Energy, this 60-page guide—called *The Energy Homebuyer*—is a complete, illustrated easy-to-use guide for anyone about to buy a new or an older home.

The *Energy-Wise Homebuyer* is conveniently divided into two parts—one for buyers of new homes and another for buyers of previously-owned homes. The first section asks—and helps the answer—the question, "What energy-efficiency should my new home contain?" Out of the many possible features, the guide identifies twelve that receive special attention. Starting with well-known features like caulking and weatherstripping, and proper leveling (described in terms of regional needs), it also identifies less well-known but important features like which direction the houses faces and how it is shaded by landscaping, roof overhangs, or other features. This section concludes with a discussion on choosing an efficient heating system: be it gas or oil, electric, or a heat pump.

The section devoted to existing homes offers a brief discussion of the buyer's first line of defense to obtain and evaluate past energy bills—not merely the owner's word for it that they are "low." It gives sound and practical advice on how to evaluate the physical features of an existing home only to determine what energy-saving features are there, but also what improvements can be made at a reasonable cost in the future.

A special feature of this new guide is the easy-to-use checklists that can be used to compare the energy-efficiency of several different previously-owned homes. A glossary of energy-related terms, as well as many valuable tips on how to reduce your energy costs after you move in.

With the new AC Transit Monthly Pass you can ride the bus as many times as you want, for a whole month, for \$15!

1. Good for an unlimited number of rides for one month (except on BART Express and Transbay runs).
2. On intercity Express buses showing the pass reduces the fare by 35¢.
3. Good on all AC Transit local routes west of the Eastbay hills (see map).

Not good on Transbay or BART Express routes. When you use an AC Transit Monthly Pass there's no need to have the correct change. No need for transfers.



Area served by the new AC Transit Monthly Pass

How to buy it. How to use it.

AC Transit Monthly Passes can be purchased at Safeway, Lucky, and Co-op stores in the areas served by the pass, at the AC Transit office, and by mail using self-mailers available on buses. Passes for each month go on sale the last week of the preceding month. Passes are non-transferable—they must be retained by the pass holder while riding the bus. Using it is simple: just show it to the driver on boarding. And because you can board buses going any direction at any time, no transfers are necessary.

$$21.5 \times 35\% \times 2 = \$15.00$$

The more you use it the more you save.

Once you've purchased the pass for \$15 you may use it for an unlimited number of rides for that month. If you use the pass to commute daily to work or school the cost is about the same as paying cash (based on an average of 21.5 working days per month). All additional rides—weekends, evenings, weekends, or special trips mid-day are essentially free!

What AC Transit riders are saying about it.

"What a convenience. No more worrying about having the right change."

"With the pass I'm set for the whole month."

"I get extra rides free!"

"Great for shopping. No transfers. Just get on a bus!"

"You get on the bus easier. Lines move faster."

"Just show it and go!"



Bus riding made easy.

November passes are now on sale at Safeway, Lucky, Co-op, and Emby Foods.